

Lifetime of Waltzes

拍數: 48 牆數: 1 級數: Improver waltz
編舞者: Russell Breslauer (USA) - May 2011
音樂: Waltz of a Lifetime - Dave Sheriff



S1: STEP SWEEP, CROSS-SIDE-BEHIND (WEAVE)

1-2-3 Step forward on left, sweep right to side and forward (counts 2, 3)
4-5-6 Cross step right over left, step left to side, step right behind left

S2: SIDE-SLIDE-TOUCH, FULL-TURN-RIGHT (TURNING VINE)

1-2-3 Step left to side, slide right towards left, touch right together
4-5-6 Traveling to right side: make whole turn right stepping right, left, right

S3: CROSS, POINT, HOLD, CROSS, POINT, HOLD

1-2-3 Cross step left over right, point right to side, hold
4-5-6 Cross step right over left, point left to side, hold

S4: LEFT TWINKLE, RIGHT TWINKLE ½ TURN

1-2-3 Cross step left over right, step right to side, step left in place
4-5-6 Cross step right over left, step left to side, turn ½ right and step forward on right

S5: CROSS, POINT, HOLD, CROSS, POINT, HOLD

1-2-3 Cross step left over right, point right to side, hold
4-5-6 Cross step right over left, point left to side, hold

S6: LEFT TWINKLE, RIGHT TWINKLE ½ TURN

1-2-3 Cross step left over right, step right to side, step left in place
4-5-6 Cross step right over left, step left to side, turn ½ right and step forward on right

S7: CIRCLE WEAVE

1-2-3 Cross left over right, step right on right, step left behind right,
4-5-6 Cross step right behind left, step left on left, step right behind left,

S8: STEP, RISE, KICK, KICK, COASTER STEP

1-2-3 Step forward on left, drag right forward rising on ball of left, low kick forward on right
4-5-6 Step back on right, step left forward, step right forward

REPEAT

The dance music ends with the first KICK of the last step or finish after the final circle weave.

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