

Fundamental Things

COPPERKNOB
STEPSHEETS

拍數: 64

牆數: 2

級數: Intermediate / Advanced WCS
Rhythm

編舞者: Michele Burton (USA) - May 2011

音樂: Fundamental Things - Melinda Doolittle



Intro: 32 cts.

[1 – 8] WALK WALK ~ FRENCH CROSS ~ SAILOR STEP ~ SAILOR ¼ RIGHT

- 1 – 2 Step R forward; Step L forward
&3-4 Turning ¼ left step R to right; Step L in front of R; Step R to R
5 & 6 Step L behind R; Step R to right; Step L to left
7 & 8 Step R behind L; Turning 1/4 right step L next to R; Step R in front of L [12:00]

[9 – 16] SYNCOPATED VINE ~ SWIVEL POINT STEPS W/ ¼ TURN LEFT

- 1 – 2 Step L to left; Step R behind L
&3-4 Step L to left; Step R in front of L; Step L to left
5 – 6 Swivel point R to forward right diagonal; Step R beside L making ¼ turn left
7 – 8 Swivel point L to forward left diagonal; Step L beside R centering body to 9:00[9:00]

[17 – 24] COASTER FORWARD ~ BACK ~ BACK TURNING COASTER WALK, FORWARD ½ PIVOT

- 1 & 2 Step R forward; Step L next to R; Step R slightly back
3 Step L back
4 & 5,6 Step R back; Turning ¼ left step L next to R; Step R forward, Step L forward
7 – 8 Step R forward; Pivot ½ left taking weight to L [12:00]

[25 – 32] TRIPLE 1/ 2 TURN ~ BACK BACK ~ SCISSORS LEFT ~ QUICK WEAVE TURN 1/4

- 1 & 2 Turning ¼ left step R beside L; Turning ¼ left step L beside R; Step R beside L [6:00]
3 – 4 Step L back; Step R back
5 & 6 Step L to left; Step R beside L; Cross L over right
&7&8& Step R to right; Step L behind R; Step R to right; Step L in front of R; Turn ¼ L, step slightly back on R [3:00]

[33 – 40] DRAG BACK (2 CTS) ~ BACK SIDE CROSS ~ SWAY SWAY ~ & CROSS STEP

- 1 – 2 Step L back, drag R toward L; Continue drag
& 3-4 Step R back; Step L slightly back; Cross R in front of L
5 – 6 Step L to left with hip sway left; Sway hips right
&7,8 Step L slightly back; Cross R in front of L; Step L to left [3:00]

[41 – 48] POINT, ¼ TURN STEP, WALK AROUND TURN ~ SWAY, SWAY ~ & CROSS STEP

- 1 - 4 Point R to right; Turn ¼ right stepping R in place; Step L forward; Turn ¾ right taking wt. to R

Styling: Look left as you point right. Bend L knee. The music says “back” –

this movement gives the sense of looking back. (It’s okay if you don’t make the full 3/4 turn, as you can finish it on the next count)

- 5 – 6 Step L to left with hip sway left; Sway hips right
&7,8 Step L slightly back; Cross R in front of L; Step L to left [3:00]

[49 – 56] POINT, ¼ TURN STEP ~ ¼ TURN TRIPLE STEP ~ KICK BALL CROSS ~ SIDE BEHIND SIDE

- 1 – 2 Point R to right; Turn ¼ right stepping R in place;
3 & 4 Turn ¼ right stepping L to left; Step R near L; Step L in place angling body to right diagonal
5 & 6 Kick R foot to right diagonal; Step R ball back; Cross L over R [9:00]
7 – 8& Step R to right; Step L behind R; Step R to right (small step)

[57 – 64] $\frac{3}{4}$ CROSS UNWIND ~ SIDE BALL CHANGE ~ CROSS BACK ~ OUT OUT IN IN

1 – 3 Cross L over R, unwind $\frac{3}{4}$ turn right for 2 counts ending with weight on L

& 4 Step R ball to right; Return weight to left

5 – 6 Step R over L; Step L back

&7&8 Step R to right; Step L to left; Step R to center; Step L to center [6:00]

BEGIN AGAIN

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