

Something I Won't Regret

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Forty Arroyo (USA) - May 2011
音樂: Something I Won't Regret - Courtney Darwin



Music available for purchase at: <http://www.reverbnation.com/courtneydarwin>

32 count intro – start after the La La La's

STEP, HOLD, BALL STEP, TOUCH, ROCK SIDE, SAILOR STEP

1,2&3 Step forward on R(1), Hold (2), Step ball of L next to R(&), Step forward on R (3)
4-6 Touch L next to R (4), Rock L to side (5), Step R in place (6)
7&8 Cross L behind R (7), Step R slightly to right (&), Step L to side (8)

CROSS ROCK, BALL STEP SIDE, CROSS, STEP, STEP, KNEE ROLLS

1,2 Cross R over L (1), Step L in place (2)
&3,4 Step R to side – on ball of R (&), Step L in place (3), Cross R over L (4)
5-8 Step back on L (5), Step R to side (6), Roll L knee out (7), Roll R knee out (8)

CROSS ROCK, SHUFFLE ¼ L, STEP, DRAG, STEP, DRAG

1,2 Cross L over R (1), Step R in place (2)
3&4 Step L to side (3), Step R next to L (&), Step forward on L turning ¼ turn L (4)
5,6 Step R to side - Big Step R (5), Drag and touch L next to R (6)
&7, 8 Step L in place (&), Step R to side - Big Step R (7), Drag and touch L next to R (8)

SIDE, BEHIND, 1/4 TURN, STEP, HEEL SWITCHES

1,2 Step L to side (1), Cross R behind L (2)
3,4 Step forward on L turning ¼ to left (3), Step forward on R (4)
5&6 Tap L heel forward (5), Step L in place (&), Tap R heel forward (6), Step R in place (&)
7&8 Tap L heel forward (7), Step L in place (&), Tap R heel forward (8)

Start again – and keep it FUN!!

TAG 1: 4 count TAG: After 2nd and 6th rotation: You will be facing 12:00

1-4 Touch R out to Side(1), Hold (2), Step L to side (3), Hold (4)

TAG 2: 8 count TAG: After the 4th rotation – you will be facing 12:00

1&2 Chasse' R – Step R to side, Close L, Step R to side
3,4 Rock back on L (3), Step R in place (4)
5&6 Chasse' L – Step L to side, Close R, Step L to side
7,8 Rock back on R (3), Step L in place (4)

Contact: www.fortyarroyo.com