

# Shake It

拍數: 48      牆數: 4      級數: Beginner / Improver  
編舞者: Mick Harris (UK) - May 2011  
音樂: Country Girl (Shake It for Me) - Luke Bryan



Intro: 32 counts ( on vocal)

**Kick, Cross, Shuffle Back. Step, Hook, Shuffle Forward.**

1-2,3&4      kick forward on right,cross right over left shuffle back LRL.  
5-6,7&8      step back on right, hook left across right, shuffle forward LRL.

**Side, behind, scissor step, side, behind,1/4 turn shuffle.LRL.**

1-2,3&4      step right, step left behind right, step right, slide left next to right, cross right over left.  
5-6,7&8      step left to left side, step right behind left, left shuffle turning ¼ left LRL. (9.00)

**Rock, recover, ½ turn shuffle x 2.**

1-2,3&4      rock forward on right, recover on left, ½ turn shuffle RLR.  
5-6,7&8      rock forward on left, recover on right, ½ turn shuffle LRL.

**Step, ¼ turn ,cross shuffle, rock, recover, sailor step ¼ turn.**

1-2,3&4      step forward on right, pivot turn ¼ left, cross right over left, step left to left side, cross right over left.  
5-6,7&8      rock left out to left side, recover on right, step left behind right turning ¼ left step right slightly to right, step left in place. (sailor turn)

**Kick ball cross, side shuffle x 2**

1&2,3&4      kick right forward, step right in place, cross left over right, step right on right, step left next to right, step right on right.  
5&6,7&8      kick left forward, step left in place, cross right over left, step left on left, step right next to left, step left on left.

**Hip bump, hip bump, shuffle x 2.**

1-2,3&4      bump right hip stepping back slightly on right, bump left hip to left, shuffle back RLR.  
5-6,7&8      bump left hip to left, bump right hip to right shuffle forward LRL.

**Start again. - No tags or restarts.**

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