

Mirrors

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Clare Bull (UK) - May 2011
音樂: Mirrors - Natalia Kills : (Single)



Intro: 16 Counts

SECTION 1: TOUCH FWD, SIDE, BEHIND & CROSS, SIDE ROCK, SAILOR [12:00]

1-2 Touch right toe fwd, touch right toe to right side
3&4 Cross right behind left, step left to left side, cross right over left
5-6 Rock left to left side, recover on right
7&8 Step left behind right, step right to right side, step left to left side

SECTION 2: TOUCH BACK, TURN 1/2, COASTER, STEP, HOLD, & STEP, TOUCH [6:00]

1-2 Touch right toe back, pivot 1/2 turn keeping weight on left foot
3&4 Step back on right, step left next to right, step fwd on right
5-6 Step fwd on left, hold
&7-8 step right next to left, step fwd on left, touch right toe next to left

**** RESTART HERE DURING WALL 5**

SECTION 3: WALK BACK, COASTER, FWD ROCK, FULL TRIPLE [6:00]

1-2 Walk back right, left
3&4 Step back on right, step left next to right, step fwd on right
5-6 Rock fwd on left, recover right
7&8 Triple turn on spot stepping left, right, left

SECTION 4: FWD ROCK, SHUFFLE 1/2, TOUCH, KICK, SAILOR 1/4 LEFT [9:00]

1-2 Rock fwd on right, recover left
3&4 Make 1/2 turn right stepping fwd on right, step together left, step fwd right
5-6 Touch left toe next to right, low kick left to left diagonal
7&8 Cross left behind right, make a 1/4 turn left stepping right to right side, step left to left side

SECTION 5: SIDE TOGETHER, 1/4 TURN LEFT X 4 [9:00]

1&2 Step right to side, step left together, make 1/4 turn left as you step back on right, (6:00)
3&4 Step left to side, step right together, make 1/4 turn left as you step forward onto left, (3:00)
5&6 Step right to side, step left together, make 1/4 turn left as you step back on right, (12:00)
7&8 Step left to side, step right together, make 1/4 turn left as you step forward onto left, (9:00)

SECTION 6: BEHIND, SIDE, CROSS SHUFFLE, PRESS, KICK, SHUFFLE BACK [9:00]

1-2 Step right behind left, step left to left side
3&4 cross right over left, step left to left side, cross right over left
5-6 Press fwd on ball of left to left diagonal, low kick left to left diagonal
7&8 Step back on left, step right next to left, step back on left

SECTION 7: BACK SWEEP X 3, SAILOR 1/4 LEFT [6:00]

1-2 Step back on right, sweep left out
3-4 Step back on left, sweep right out
5-6 Step back on right, sweep left out
7&8 Cross left behind right, make a 1/4 turn left stepping right to right side, step left to left side

SECTION 8: CROSS, SIDE, SAILOR X 2 [6:00]

1-2 Cross right over left, step left to left side
3&4 Step right behind left, step left to left side, step right to right side

5-6 Cross left over right, step right to right side

7&8 Step left behind right, step right to right side, step left to left side

Restart - Wall 5 - After 16 Counts

Ending - To Finish Front Replace Steps 63 & 64 On Wall 7 With A Sailor 1/2 Turn, Step Fwd And Pose As The Music Fades

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