

Carino

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: William Sevone (UK) - June 2011
音樂: Cariño - Jennifer Lopez : (Album: J.Lo - English or Spanish Versions)



Dance sequence:- A-A-A-B-A-A-B-B-A-B-A-B-B

Choreographers note:- Section 'B' is always the Chorus and always performed facing the 'Home' wall.

See the IMPORTANT notes about the extra '&' count and degree of turn involved when starting Section B
Ideally suited for those experienced Intermediate dancers who are ready to start Advanced Level dancing.
Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Dance starts with the Snare Drum and Bass intro (aprox 25 seconds from start of music) – vocals will start with 2nd Wall.

SECTION A

2x Sway. Rec-Behind-Side Rock. 2x Sway. Rec-Behind-1/4 Forward (9:00)

- 1 – 2 Sway right to right side. Sway onto left.
3& 4 Recover weight onto right, step left behind right, rock right to right side.
5 – 6 Sway left to left side. Sway onto right.
7& 8 Recover weight onto left, step right behind left, turn ¼ left & step forward onto left (9).

Press. Rec. Coaster. Press. Rec. Triple 1/2 Left (3:00)

- 9 – 10 Press right forward. Recover onto left.
11& 12 Step backward onto right, step left next to right, step forward onto right.
13 – 14 Press left forward. Recover onto right.
15& 16 (on the spot) Triple step ½ left stepping: L.R-L (3)

Press. Rec. Coaster. Press. Rec. Triple 1/4 Left (12:00)

- 17 – 18 Press right forward. Recover onto left.
19& 20 Step backward onto right, step left next to right, step forward onto right.
21 – 22 Press left forward. Recover onto right.
23& 24 (on the spot) Triple step ¼ left stepping: L.R-L (12)

Diag Press. Rec. 1/4 Right Fwd-Lockstep. Diag Press. Rec. Diag Bwd-Lockstep with turn (3:00)

- 25 – 26 Press right diagonally forward left. Recover onto left (10:30)
27& 28 Turn ¼ right & step forward onto right, lock left behind right, step forward onto right (1:30)
29 – 30 Press left forward. Recover onto right (1:30)
31& 32 Step left diagonally backward left, lock right across front of left, step diagonally backward left (1:30)

– Prepare to turn 1/8th right to face new wall (A to A only) (3).

SECTION B

& The 'Turn'..... Only performed when changing from Section A to Section B (not B to B)

IMPORTANT NOTE:

As Section 'B' is ALWAYS performed facing the 'HOME' wall, below is the degree of turn AFTER Section A:

A - A - A - B (3/8th R) - A - A - B (5/8th R) - B - A - B (1/8th L) - A - B (1/8th L) - B

2x Fwd. Crossed Hitch-Hold. Extend & Sweep with Curl. Fwd Lockstep (6:00)

- 1 – 2 Step forward onto right. Short step forward onto left.
3 – 4 Hitch right knee across left thigh. Hold
5 – 6 Kick right outward & sweep ½ right - then 'curl' backward (tuck underneath) – right foot still off floor (6).

Style note: The 'Curl' is to the INSIDE of the left leg.. a variation is to the OUTSIDE of the left leg.

- 7& 8 Step forward onto right, lock left behind right, step forward onto right.

Fwd. 1/4 Left Side. 1/4 Left Sweep-Behind-Side Press. Rec. Together. Back Press-Rec-Fwd (12:00)

- 9 – 10 Step forward onto left. Turn ¼ left & step right to right side (3).
11& 12 Turn ¼ left - sweeping left foot, step left behind right, press right to right side (12).
13 – 14 Step left to left side. Step right next to left.
15& 16 Press left backward, recover onto right, step forward onto left.

Fwd. Together. Press Bwd-Rec-1/4 Left Side. 1/2 Left Side. 1/4 Left Fwd. Press-Rec-Together (12:00)

- 17 – 18 Step forward onto right. Step left next to right.
19& 20 Press right backward, recover onto left, turn ¼ left & step right to right side (9).
21 – 22 Turn ½ left & step left to left side (3). Turn ¼ left & step forward onto right (12).
23& 24 Press left forward, recover onto right, step left next to right.

Press. Rec. 1/2 Right Fwd-1/2 Right Bwd-1/2 Right Fwd. Press. Rec. Triple 1/2 Left (12:00)

- 25 – 26 Press forward onto right. Recover onto left.
27& 28 Turn ½ right & step forward onto right (6), turn ½ right & step backward onto left (12), turn ½ right & step forward onto right (6).
29 – 30 Press forward onto left. Recover onto right.
31& 32 (on the spot) Triple step ½ left stepping: L.R-L (12).

DANCE FINISH: At the end of the 13th Wall, the music changes to create a 'Finale'. Do the following:

- 1& 2 Cross right over left, press left to left side, recover onto right.
3 – 4 Sway onto left. Sway onto right.
5& 6 Step left to left side, step right next to left, with a slight sweep – step left behind right.
7 Press right to right side.
8 – 9 long step – Step left diagonally back left – and quickly bring right next to left
10 – 11 long step – Step right diagonally back right – and quickly bring left next to right.
12 Step forward onto left.
13& 14 Step forward onto right, step left next to right, step backward onto right.
15 – 16 Turn ¼ left & step left to left side – placing left hand on left hip (9).

Recover weight to right whilst turning upper body ¼ right to face the 'Home wall'. (Hold Poise)
