

# De Hombre A Mujer

**COPPER** **KNOB**  
BY STEPHENETS

拍數: 40      牆數: 2      級數: Beginner  
編舞者: Nena Matela (USA) - May 2011  
音樂: De Hombre A Mujer - Donato & Estefano : (Album: Lo Mejor De Donato y Estefano)



Alternate music: Patricia by Mestizzo [Tongoneo]

Start dancing on lyrics

## MAMBO FORWARD-HOLD (LEFT, RIGHT)

1-2      Rock L forward, recover to R  
3-4      Step L back, hold  
5-6      Rock R forward, recover to L  
7-8      Step R back, hold

## MAMBO SIDE-HOLD (LEFT, RIGHT)

1-2      Rock L to side, recover to R  
3-4      Step L together, hold  
5-6      Rock R to side, recover to L  
7-8      Step R together, hold

## SIDE-BEHIND-SIDE-CROSS, SIDE CHASSE, BACK ROCK

1-2      Step L to side, cross R behind L  
3-4      Step L to side, cross R over L  
5&6      Chasse to left stepping L,R,L  
7-8      Rock R back recover to L

## SIDE-BEHIND-SIDE-CROSS, SIDE CHASSE, BACK ROCK

1-2      Step R to side, cross L behind R  
3-4      Step R to side, cross L over R  
5&6      Chasse to right stepping R,L,R  
7-8      Rock L back, recover to R

## STRIDE-HOLD-AND-SIDE-HOLD, TURN-STEP, STEP-HOLD

1-2      Long step L to side (shimmy), hold  
&3-4      Step R together, step L to side, hold  
5-6      Turn 1/2 left and step R to side, step L together  
7-8      Step R in place, hold

### Easier option:

1-2      Long step L to side (shimmy), hold  
3-4      Step R together, hold  
5-6      Long step L to side (shimmy), hold  
7-8      Pivot 1/2 left & step R together, hold

REPEAT