

# Lay Down Sally

**COPPER** KNOB  
BY STEPHEN

拍數: 30      牆數: 2      級數: Absolute Beginner  
編舞者: M. Vasquez (UK) - May 2011  
音樂: Lay Down Sally - Eric Clapton



**Note: Dance starts on Main Vocal**

**This dance is for Mark Wallman for providing me with a source of constant inspiration!**

## **Section 1: Side Rock, Recover, Behind-Side-Cross, Side Rock, Recover, Behind-Side-Step**

1-2            Rock out to the right side, recover onto left  
3&4           Step behind with the right, step left to left side, cross right in front of left  
5-6           Rock out to the left side, recover onto right  
7&8           Step behind with the left, step right to right side, step forward on left

## **Section 2: Rock, Recover, Shuffle, Rock, Recover, Shuffle**

1-2            Rock forward onto right foot, recover back onto left foot  
3&4           Step back on right foot, step left next to right, step back on right foot  
5-6           Rock back onto left foot, recover onto right foot  
7&8           Step forward on left foot, step right next to left, step forward onto left foot

## **Section 3: Toe, Heel, Step, Toe, Heel, Step, Back Mambo, 1/4 Monterey,**

1&2           Turn right foot slightly in, touch toe next to left foot, turning right foot out, touch right heel next to left foot, step right foot in place  
3&4           Turn left foot slightly in, touch toe next to right foot, turning left foot out, touch left heel next to right foot, step left foot in place  
5&6           Step back on right foot, lift left foot and replace it back down on the same place, step right foot back next to left  
7&8           Touch right toe to right side, on ball of left foot make 1/4 turn over your right shoulder and step onto your right foot, touch left toe out to the side, step left foot next to right.

## **Section 4: 1/4 Monterey, Two Stomps, Two Claps**

1&2           Touch right toe to right side, on ball of left foot make 1/4 turn over your right shoulder and step onto your right foot, touch left toe out to the side, step left foot next to right.  
3-4           Stomp right foot, stomp left foot  
5-6           Clap hands twice

**Start Again**

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