

Cover Me

拍數: 48 牆數: 2 級數: Intermediate WCS
編舞者: Taylor McEanley (IRE) - March 2011
音樂: Cover Me - Jo Dee Messina



Start dancing on lyrics.

S I: BACK ROCK, RECOVER, LOCK STEP, ROCK STEP, RECOVER, TRIPLE ½ TURN RIGHT

1-2 Rock back on left, Recover onto right
3&4 Step left forward, Lock right behind left, Step left forward
5-6 Rock right forward, Recover onto left
7&8 ¼ turn right... Step right to side, Step left next to right, ¼ turn right... Step right forward [6:00]

S II: STEP, ¼ TURN RIGHT, CROSS SHUFFLE, SWAY RIGHT, SWAY LEFT, BEHIND, ¼ TURN LEFT, STEP

1-2 Step left forward, ¼ turn Right (weight on right) [9:00]
3&4 Cross left over right, Step right to side, Cross left over right
5-6 Sway right, Sway left
7&8 Cross right behind left, ¼ turn left... Step left forward, Step right forward [6:00]

S III: STEP, CROSS, HOLD, UNWIND ¾ RIGHT, SIDE ROCK, RECOVER, SAILOR HEEL TURNING ½ RIGHT

&1-2 Step left forward, Cross right behind left, Hold
3-6 Unwind ¾ right, Rock right to side, Recover onto left [3:00]
7&8 ¼ turn right... Cross right behind left, ¼ turn right... Step left to side, Heel right diagonally forward [9:00]

S IV: BALL, CROSS, HOLD, ¼ TURN LEFT, BACK LOCK STEP, BACK ROCK, RECOVER, ¼ TURN RIGHT, CHASSE LEFT

&1-2 Ball of right next to left, Cross left over right, Hold
3&4 ¼ turn left... Step back on right, Cross left over right, Step back on right [6:00]

Restart Here on walls 2, 4 and 6

5-6 Rock back on left, Recover onto right
7&8 ¼ turn right... Chassé left to side [9:00]

S V: BACK ROCK, RECOVER, CHASSE RIGHT, CROSS ROCK, RECOVER, CHASSE LEFT TURNING ¼ TURN LEFT

1-2 Rock back on right, Recover onto left
3&4 Chassé right to side
5-6 Cross rock left over right, Recover onto right
7&8 Step left to side, Step right next to left, ¼ turn left... Step left forward [6:00]

S VI: ¼ TURN LEFT, SIDE ROCK, RECOVER, BEHIND SIDE CROSS, SIDE ROCK, RECOVER TURNING ¼ TURN RIGHT, ROCK STEP, RECOVER

1-2 ¼ turn left... Rock right to side, Recover onto left [3:00]
3&4 Cross right behind left, Step left to side, Cross right over left
5-6 Rock left to side, Recover onto right turning ¼ turn right [6:00]
7-8 Rock step left forward, Recover weight onto right

Start Again Smilin'

Note : To keep to the phrasing of the music, 3 restarts are needed on wall 2, 4 and 6

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