

From Me To You

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner / Easy Improver
編舞者: Yeo Yu Puay (MY) - November 2009
音樂: From Me to You - The Beatles : (Albums: Past Masters Vol. 1 or 1)



Intro: 16 beats

[1-8] Right Dorothy, Diagonal Touch, Right Dorothy, Diagonal Touch

- 1-2& Step R diagonally forward to the right (1), Lock L behind R (2), Step R slightly diagonal forward (&)
3-4 Step L diagonally forward to the left, touch R toe beside L
5-6& Step R diagonally forward to the right (1), Lock L behind R (2), Step R slightly diagonal forward (&)
7-8 Step L diagonally forward to the left, touch R toe beside L

[9-16] R Forward Rock, 2 Half Turning Shuffles over the right Shoulder, R Back Rock

- 1-2 Rock R forward (1), recover weight onto the L (2)
3&4 Turning a ¼ right step R to the side (3), step L beside R (&), turning another ¼, step R slightly forward (4)
5&6 Turning a ¼ right step L to the side (5), step R beside L (&), turning another ¼, step L slightly back (6)
7-8 Rock R back (7), recover weight on L (8)

[17-24] Forward Touch Back Heel Step (R & L)

- 1-2& Step R forward (1), touch L toe behind R (2), step back on L (&)
3-4 Touch R heel forward (3), Step R beside L (4)
5-6& Step L forward (5), touch R toe behind L (6), step back on R (&)
7-8 Touch L heel forward (7), Step L beside R (8)

[25-32] R Jazz Box with ¼ Turn Right, R Side Rock Touch

- 1-2 Cross R over L (1), Step L back, turning ¼ right (2)
3-4 Step R to R side (3.00) (3), Step L beside R (4)
5-6 Rock R to R side (5), Recover weight onto the L (6)
7-8 Touch R toe beside L (7), Hold (8)

Optional: Do a shimmy on 7-8 as you touch R toe beside L when you hear "oooooh" at the end of walls 3 (1st time facing 9.00) and 6 (2nd time facing 6.00)

(Repeat)

ENDING: After finishing wall 7 (facing 9.00), do the following:

[1-8] Right Dorothy, Diagonal Touch, Right Dorothy, Diagonal Touch

- 1-2& Step R diagonally forward to the right (1), Lock L behind R (2), Step R slightly diagonal forward (&)
3-4 Step L diagonally forward to the left, touch R beside L
5-6& Step R diagonally forward to the right (1), Lock L behind R (2), Step R slightly diagonal forward (&)
7-8 Step L diagonally forward to the left, touch R beside L

[9-16] R Forward Rock, ¼ turn Side, L hand, R hand

- 1-2 Rock R forward (1), recover weight onto the L (2)
3 Turning a ¼ right step R to the side (3) (12.00)
4-5 Put L hand on chest (4), Extend R arm out front with palms facing up (5) (as in "from me to you")

6-8

Hold

Have fun!
