

# Hi Good Morning, Have Breakfast!

**COPPER** KNOB  
STEPSHEETS

拍數: 96      牆數: 1      級數: Phrased Improver  
編舞者: Joyce Chen - May 2011  
音樂: Hi Good Morning Have Breakfast - Hsiao Huang-Chi



**Intro: 40 counts - Sequence: AB-Tag-AB-AB-BA-Ending**

## **Part A**

### **[S1] Twist heels**

1-2      Twist heels to right, hold  
3-4      Twist heels to left, hold  
5&6      Twist heels to right, left, right (weight on right)  
7&8      Twist heels to left, right, left (weight on left)

### **[S2] Cross, Point, Cross, Point, Point Front, Point side, Sailor turn 1/4**

1-2      Cross RF over LF, Left toe point to left side  
3-4      Cross LF over RF, Right toe point to right side  
5-6      Right toe point front, Right toe point to right side  
7&8      Cross RF behind LF 1/4 turn right, LF left to left side, RF to right side

### **[S3] Rock, Recover, Triple 1/2 turn, Rock, Recover, Triple 1/2 turn**

1-2      Rock forward on left, Recover back right  
3&4      Make 1/2 Turn left w/ Triple Step (LF<sub>i</sub>RF<sub>i</sub>LF)  
5-6      Rock forward on right, Recover back left  
7&8      Make 1/2 Turn right w/ Triple Step (RF<sub>i</sub>LF<sub>i</sub>RF)

### **[S4] Step 1/2 Pivot, 1/4 turn left, Touch, Out, Out, In, In, Out, Out, In, In,**

1-2      LF forward, pivot 1/2 turn right stepping on RF  
3-4 1      1/4 turn right stepping LF to left side, Right toe touch next to left  
&5&6      RF to right side, LF to left side, RF back to center, LF next right  
&7&8      RF to right side, LF to left side, RF back to center, LF next right

### **[S5] Toe, Drop, Toe, Drop, scissor step**

1-2      Place toe of right diagonally forward, Drop right heel (1.00)  
3-4      Place toe of left diagonally forward, Drop left heel  
5-8      RF to right side, LF together with RF, RF across in front of LF, Hold (11.00)

### **[S6] Toe, Drop, Toe, Drop, scissor step**

1-2      Place toe of left diagonally forward, Drop left heel (11.00)  
3-4      Place toe of right diagonally forward, Drop right heel  
5-8      LF to left side, RF together with LF, LF across in front of RF, Hold (1.00)

### **[S7] Step 1/2 Pivot turn, shuffle forward, step 1/2 pivot turn, shuffle forward**

1-2      RF forward, pivot 1/2 turn left stepping on LF  
3&4      Shuffle forward stepping (RF<sub>i</sub>LF<sub>i</sub>RF)  
5-6      LF forward, pivot 1/2 turn right stepping on RF  
7&8      Shuffle forward stepping (LF<sub>i</sub>RF<sub>i</sub>LF)

### **[S8] Walk forward X3, Kick, Walk back X2, Coaster Step**

1-4      Walk forward RF<sub>i</sub>LF<sub>i</sub>RF, Kick Lf forward (Clap)  
5-6      Walk back LF<sub>i</sub>RF  
7&8      Step back on LF, RF next to LF, Step forward on RF

## **Part B**

### **[S1] Weave right, Monterey turn**

- 1-2 RF to right side, cross LF behind RF
- 3-4 RF to right side, cross LF over RF
- 5-6 Right toe point to right side, half turn right stepping RF next to LF
- 7-8 Left toe point to left side, LF next RF

### **[S2] Heel Toe Swivel X3, Clap, Heel Toe Swivel X3, Clap**

- 1-4 Swivel heels right, Swivels toes right, Swivel heels right, Clap
- 5-6 Swivel heels left, Swivels toes left, Swivel heels left, Clap

### **[S3] Weave right, Monterey turn**

- 1-2 RF to right side, cross LF behind RF
- 3-4 RF to right side, cross LF over RF
- 5-6 Right toe point to right side, 1/2 turn right stepping RF next to LF

**Alternative (to make dance become 4 wall: Right toe point to right side, 1/4 turn right stepping RF next to LF**

- 7-8 Left toe point to left side, LF next RF

### **[S4] Heel Toe Swivel X3, Clap, Heel Toe Swivel X3, Clap**

- 1-4 Swivel heels right, Swivels toes right, Swivel heels right, Clap
- 5-6 Swivel heels left, Swivels toes left, Swivel heels left, Clap

## **Tag After fist Part A & B round**

### **[S1] Walk full turn**

- 1-8 Walk RF; Hold; LF; Hold; RF; Hold; LF; Hold and make full turn over right shoulder.

### **[S2] Rumba box**

- 1-4 RF to right side, LF beside RF, step forward on RF, Hold
- 5-8 LF to left side, RF beside LF, step back on LF, Hold

### **Ending: V-step**

- 1-2 RF diagonally forward right, LF diagonally forward left
  - 3-4 RF back into center, LF beside right
  - 5 Pose.
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