

# Balance

拍數: 64      牆數: 2      級數: Intermediate  
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音樂: A Balance to All Things - Toploader



Start 32 counts into track.

## KICK-BALL-BACK, BACK, BEHIND ½ UNWIND, STEP, ½ PIVOT, SHUFFLE

1&2      Kick right forward, step right back, step left back  
3-4      Step right back, touch left back & unwind ½ turn left  
5-6      Step right forward, pivot ½ turn left  
7&8      Shuffle forward stepping right, left, right

## FULL TURN, STEP, ¼ PIVOT, CROSS, SIDE, BACK ROCK

9-10      Make ½ turn right and step left back, make ½ turn right and step right forward  
11-12      Step left forward, pivot ¼ turn right  
13-14      Step left across right, step right to right  
15-16      Rock left behind right, recover onto right

## KICK-BALL-CROSS, SIDE, BEHIND, KICK-BALL-CROSS, BALANCE STEP

17&18      Kick left to left, step left to left, step right across left  
19-20      Step left to left, step right behind left  
21&22      Kick left to left, step left to left, step right across left  
23-24      Touch left to left rising onto toes, transfer weight from right to left and lower heels  
(Spread arms out to sides during counts 23-24 as if balancing)

## BACK ROCK, ¼ TURN, SHUFFLE, ½ SPIN TURN-BACK, BACK ROCK, ¼ SPIN TURN-SIDE

25-26      Rock right behind left, recover onto left  
27&28      Make ¼ turn right and shuffle forward stepping right, left, right  
29-30      Spin ½ turn right and step left back, rock right back  
31-32      Recover onto left, spin ¼ turn left and step right to right

## BEHIND, SIDE, CROSS SHUFFLE, SIDE, TOUCH, CHASSE ¼ TURN

33-34      Step left behind right, step right to right  
35&36      Step left across right, step right to right, step left across right  
37-38      Step right to right, touch left beside right & click fingers to right  
39&40      Step left to left, step right beside left, make ¼ turn left & step left forward

## STEP, FULL SPIN TURN, STEP, SWEEP, ROCK, ¾ TURN

41-42      Step right forward, spin full turn left hooking left across right  
43-44      Step left forward, sweep right from back to front  
45-46      Rock forward on right, recover onto left  
47-48      Make ½ turn right & step right forward, make ¼ turn right & step left to left

## BEHIND, SIDE, CROSS SHUFFLE, SIDE, TOUCH, ¼ TURN, SWEEP

49-50      Step right behind left, step left to left  
51&52      Step right across left, step left to left, step right across left  
53-54      Step left to left, touch right beside left & click fingers to left  
55-56      Make ¼ turn right & step right forward, sweep left from back to front

## CROSS, BACK, TOGETHER, POINT, TOUCH, WALKS, STEP, LARGE STEP, TOUCH

57-58      Step left across right, step right back  
&59-60      Step left beside right, point right to right, touch right beside left

61-62 Walk forward stepping right, left

&63-64 Step right beside left, step left large step to left, touch right beside left

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