

Martin's Dance

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Loretta Martin (IT) - May 2011
音樂: Rub Me the Right Way - Brad Martin : (Album: Wings of A Honky Tonk Angel, 2002)



Start dancing on lyrics

(1 – 8) STRUT TO SIDE, CROSS STRUT, STRUT TO SIDE, CROSS STRUT

1-2 Step right toe to side, drop right heel
3-4 Step left toe across right, drop left heel
5-6 Step right toe to side, drop right heel
7-8 Step left toe across right, drop left heel

(9 – 16) RIGHT CHASSÉ, BACK ROCK, ¼ TURN LEFT CHASSÉ, BACK ROCK

1&2 Step right to side, close left beside right, step right to side
3-4 Rock left back, recover on right
5&6 Turning ¼ right, step left to side, close right beside left, step left to side [03:00]
7-8 Rock right back, recover on left

(17 – 24) ¼ MONTEREY TURN, SIDE POINT TWICE

1-2 Touch right to side, on ball of left turn ¼ right stepping right beside left
3-4 Touch left to side, step left beside right
5-6 Touch right to side, step right beside left
7-8 Touch left to side, step left beside right [06:00]

(25 – 32) KICKBALL CHANGE TWICE, STEP AND ½ PIVOT TWICE

1&2 Kick right forward, step right beside left, step left together
3&4 Kick right forward, step right beside left, step left together
5-6 Step right forward, pivot ½ left
7-8 Step right forward, pivot ½ left

(33 – 40) SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, JAZZ BOX

1&2 Step right forward, close left beside right, step right forward
3&4 Step left forward, close right beside left, step left forward
5-6 Cross right over left, step left back
7-8 Step right beside left, step left together

(41 – 48) ¼ TURN JAZZ BOX, STOMP RIGHT, STOMP LEFT, HEEL FANS

1-2 Cross right over left, step left back
3-4 Step right forward turning ¼ right, step left together [09:00]
5-6 Stomp right forward, stomp left back
7-8 Fan heels out, fan heels in

(49 – 54) REVERSE CROSS TOUCHES

1-2 Touch right to side, cross right behind left
3-4 Touch left to side, cross left behind right
5-6 Touch right to side, cross right behind left
7-8 Touch left to side, cross left behind right

(55 – 64) DIAGONAL TOE-HEEL STRUTS, TRAVELING TWISTS RIGHT, LEFT

1-2 Touch right toe diagonally forward, drop right heel
3-4 Touch left toe diagonally forward, drop left heel

5-6 Keeping legs slightly bent, step on ball of toes swiveling heels right, left
7-8 Keeping legs slightly bent, step on ball of toes swiveling heels right, left

REPEAT

TAGS & RESTARTS:

On wall 3 and wall 6, after count 32, dance the last 8 counts and restart from count 1.

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