

Smitten

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mike Hitchen (UK) - May 2011
音樂: When Love Gets a Hold of You - Reba McEntire



Kick & Cross Kick & Cross Side Shuffle Rock Step

1&2 Kick right forward, Step on to right, Cross left over right.
3&4 Kick right forward, Step on to right, Cross left over right.
5&6 Step right to side, Step left together, Step right to side.
7-8 Rock left behind right, Return weight to right.

Kick & Cross Kick & Cross Side Shuffle Rock Step

1&2 Kick left forward, Step on left, Cross right over left.
3&4 Kick left forward, Step on left, Cross right over left.
5&6 Step left to side, Step right together, Step left to side
7-8 Rock back on right, Return weight to left.

Rock Step Shuffle ½ Turn Rock Step Shuffle ½ Turn

1-2 Rock forward on right, Return weight to left.
3&4 Step right foot ¼ turn right, Step left together, Step right ¼ turn right.
5-6 Rock forward on left, Return weight to right.
7&8 Step left ¼ turn left, Step right together, Step left ¼ turn left.

Step ¼ Cross Shuffle Side Rock Sailor Step Forward

1-2 Step right forward, Turn ¼ turn left
3&4 Cross right over left, Step left to side, Cross right over left.
5-6 Rock left to side, Return weight to right.
7&8 Step left behind right, Step right to side, Step left forward.

Rock Step Shuffle ½ Turn - Turn - Turn Cross Shuffle

1-2 Rock forward on right, Return weight to left.
3&4 Step right foot ¼ turn right, Step left together, Step right ¼ turn right.
5-6 Turn ½ turn right Stepping back on left, Step right ¼ turn right.
7&8 Cross left over right, Step right to side, Cross left over right.

Side Rock Behind & Turn Step Lock Step lock Step

1-2 Rock right to side, Return weight to left.
3&4 Step right behind left, Step left ¼ turn left, Step forward on right.
5-6 Step left forward, Lock right behind left.
7&8 Step left forward, lock right behind left, Step left forward.

Rocking Chair Step ½ Turn Step ½ Turn

1-2 Rock forward on right, Return weight to left
3-4 Rock back on right, Return weight to left.

Restart here for walls 1 & 3

5-6 Step forward on right, pivot ½ turn left.
7-8 Step forward on right, pivot ½ turn left

Restart here for wall 5

Cross side Behind & Heal Cross Side Behind & Step

1-2 Cross right over left, Step left to side
3&4 Step right behind left, Step left to side, touch heel diagonal right.

&5-6 Step right together, Cross left over right Step right to side.
7&8 Step left behind right, Step right to side, Step left together.

Restarts: 3 Restarts wall 1 wall 3 and wall 5

Happy Dancing
