Better Take Cover



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Ria Vos (NL) - May 2011

音樂: Hush Hush - Alexis Jordan: (Album: Alexis Jordan)



Intro: 32 counts

Out-Out-In, Coaster step, Lock, Step, Scuff, Step

Step R Fwd and to Right Side (Out), Step L Fwd and to Left Side (Out)

3 Step R Back and to Center (In)

4&5 Step Back on L, Step R Next to L, Step Fwd on L

6-7 Lock R Behind L, Step Fwd on L Scuff R Next to L, Step Fwd on R 88

Touch-Touch, Rock Back, Fwd, Recover, Back, Lock, Coaster Cross

1-2-3 Touch L Behind R Heel Twice, Rock Back on L

4-5 Rock Fwd on R, Recover on L 6-7 Step Back on R, Lock L Over R

8&1 Step Back on R, Step L Next to R, Cross R Over L

Side, Cross, Side Rock-Cross, 1/4 Turn L, 1/4 Turn L, Diagonal Lock Step Fwd

Step L to Left Side, Cross R Over L 2-3

4&5 Rock L to Left Side, Recover on R, Cross L Over R

6-7 1/4 Turn Left Step Back on R, 1/4 Turn Left Step L to Left Side (6:00)

8&1 Step Fwd on R, Lock L Behind R, Step Fwd on R (these steps are moving to L diagonal)

Kick/Sweep, Cross, Side, Behind, Kick/Sweep, Behind, Side

2-3 Kick/Sweep L From Left Side to Front, Cross L Over R

4-5 Step R to Right Side, Step L Behind R

6-7-8 Kick/Sweep R From R Side to Back, Step R Behind L, Step L to Left Side

Touch with Bump 2x L, Side Rock, ¼ Turn R, Point, Cross, Kick-ball-cross

1-2 Touch R Next to L (knee turned in) Bump Hip to Left Side Twice

3-4 Rock R to Right Side, Recover on L

5-6 1/4 Turn Right Step R Crossed Over L, Point L to Left Side (9:00)

7 Cross L Over R

8&1 Kick R to R Diagonal, Step R Next to L, Cross R Over L

Back, Side, Kick, Cross, Back, Rock Back, Recover, Shuffle 1/2 turn L

2-3 Step Back on R, Step L to Left Side

4&5 Kick R Fwd, Cross R Over L, Step Back on L

6-7 Rock Back on R, Recover on L

8&1 1/4 Turn Left Step R to Right Side, Step L Next to R, 1/4 Turn Left Step Back on R (3:00)

1/4 Turn L. Point, Full Turn R. Cross Rock, Recover, Ball-Cross

2-3 1/4 Turn L Step L to Left Side, Point R to Right Side (angle body Left for styling) (12:00) 4-5-6

1/4 Turn Right Step Fwd on R, 1/2 Turn Right Step Back on L, 1/4 Turn Right Step R to Right

Side

7-8 Cross Rock L Over R, Recover on R &1 Step on Ball of L Next to R, Cross R Over L

Hitch, Step, Point, Back, Sweep, Cross Behind, Unwind 1/2 Turn L

2-3-4 Hitch L From Back to Front, Step Fwd on L, Point R to Right Side 5-6 Step Back on R, Sweep L From Front to Back

7-8 Cross L Behind R, Unwind ½ Turn Left (weight ends on L) (6:00)

Ending: To end facing front, on Section 4: Turn ¼ Left on Count 8 and Sweep R into another ¼ Turn L Note: Music changes during wall 6... just keep dancing, it comes back in again.

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