

All Worth It

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ria Vos (NL) - May 2011
音樂: Worth It - Sam Moore : (Album: Worth It)



Intro: 32 counts

Step Fwd, Rock Fwd, Shuffle ¼ Turn L, Lock, Step, Kick & Point Fwd

1 Step Fwd on R
2-3 Rock Fwd on L, Recover on R
4&5 ¼ Turn Left Step L to Left Side, Step R Next to L, ¼ Turn Left Step Fwd on L (6:00)
6-7 Step R behind L, Step Fwd on L
8&1 Kick R Fwd, Step Back on R, Point L Fwd with Bended Knee

Step, Cross Rock & Cross, Side, ¼ Turn L, Lock Step Fwd

2 Step Fwd on L
3-4& Cross Rock Fwd on R, Recover on L, Step R Next to L
5-6-7 Cross L Over R, Step R to Right Side, ¼ Turn Left Step L to Left Side
8& Step Fwd on R, Lock L Behind R (3:00)***Restart Point Wall 5
1 Step Fwd on R

L Mambo Fwd, R Mambo Back, Pivot ¼ Turn R, Cross Shuffle

2&3 Rock Fwd on L, Recover on R, Step Back on L
4&5 Rock Back on R, Recover on L, Step Fwd on R
6-7 Step Fwd on L, Pivot ¼ Turn Right
8&1 Cross L Over R, Step R to Right Side, Cross L Over R

Rumba Box, Back Sweep, Back Sweep, Sailor ¼ Turn R

2&3 Step R to Right Side, step L Next to R, Step Fwd on R
4&5 Step L to Left Side, Step R Next to L, Step Back on L Sweeping R from front to back
6-7 Step R Back Sweeping L, Step L Back Sweeping R
8& (1) Cross R Behind L Turning ¼ Right, Step L Next to R, (Step Fwd on R for Count 1) (9:00)

Restart: There is one restart on wall 5 after count 16 (3:00)

Ending: You will end after the Sailor 1/4 turn R (count 32&1) facing 9:00, then Step Fwd on L, Pivot ¼ Turn Right to end facing front.

Contact: www.dansenbijria.nl