

If I Let You Go

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Colin Smith (UK) & Roz Chaplin (UK) - May 2011
音樂: If I Let You Go - Westlife : (CD: Westlife)



8 Count Intro start on 'Day'

SIDE, CLOSE, SHUFFLE FORWARD, SIDE, CLOSE, SHUFFLE BACK

1-2 Step right to right side, step left beside right
3&4 Step right forward, step left beside right, step right forward
5-6 Step left to left side, step right beside left
7&8 Step left back, step right beside left, step left back

ROCK, RECOVER, ½ TURN SHUFFLE, ROCK, RECOVER, SHUFFLE FORWARD

1-2 Rock back on right, recover onto left
3&4 Make ½ turn to left stepping right, left, right
5-6 Rock back on left, recover on right
7&8 Step left forward, step right beside left, step left forward

RESTART: ON WALL 8, DANCE THIS TAGLET AT THIS POINT, AND THEN RESTART DANCE FROM THE BEGINNING.

1-2 Rock forward on right, recover onto left

CROSS ROCK, RECOVER, RIGHT CHASSE, LEFT JAZZ BOX ¼ CHASSE TURN

1-2 Cross rock right over left, recover onto left
3&4 Step right to right side, close left beside right, step right to right side
5-6 Cross left over right, step back on right
7&8 ¼ turn left stepping left, close right to left, step left to left

STEP ½ TURN, WALK X2, ROCK, RECOVER, KICK BALL CROSS

1-2 Step forward right, pivot ½ turn left (weight on left)
3-4 Walk forward right, walk forward left
Option: 1/2 turn left stepping back on right, 1/2 turn left stepping forward on left
5-6 Rock right forward, recover onto left
7&8 Kick right foot forward, step right beside left, cross left over right

TAG: 4 counts - END OF WALL 3

STEP TOUCH X 2

1-2 Step right to right, touch left beside right
3-4 Step left to left, touch right beside left

Choreographers Note

Thanks to Stella for this request (One of Roz's Pupils)