Sway With The Music

級數: Berginner / Intermediate

編舞者: Malou Bugarin (USA) - May 2011

音樂: Let's Take It Outside - Johnny Reid

Intro: 32 counts intro -start on lyrics

拍數: 32

OR - 16 counts to intro (start counting after the drumbeats) and start dance on lyrics.

RIGHT SAILOR STEP, LEFT SAILOR STEP, ROCK REPLACE, ¼ COASTER STEP

- 1&2 Step R behind LF, step L beside R, step R slightly forward
- 3&4 Step L behind RF, step R beside L, step L slight forward
- 5-6 Rock RF forward, replace LF
- 7&8 1/4 turn right step RF to right, step LF beside RF, RF forward (3 o'clock)

LONG STEP FORWARD, BACK TRIPLE STEP, COASTER STEP, ½ PIVOT TURN

- 1-2 Long step forward LF, tap RF behind LF–facing diagonally right,(4 o'clock)
- 3&4 Step RF back, step LF next to RF, step RF next to LF while facing front
- 5&6 Step back LF, step RF next to LF, LF forward
- 7-8 Forward RF, ½ turn left step LF forward

LONG STEP FORWARD, COASTER STEP, HEEL SWITCHES, HOLD

- 1-2 Step RF forward, tap LF behind RF facing diagonally left (8 o'clock)
- 3&4 Step back with LF, RF next to LF, forward with LF- while facing front
- 5&6 Point RH forward, step RF next to LF, point LF forward
- &7-8 Step LF to left, point RH forward, hold

Restart: 4th wall after 24 counts. Facing 12 o'clock

SIDE TOUCH, CROSS STEP, KICK BALL CHANGE, RIGHT AND LEFT

- 1-2 Touch RF to right, cross step RF in front of LF
- 3&4 Kick LF forward, step LF next to RF, step RF in place
- 5-6 Touch LF to left, cross step LF in front of RF
- 7&8 Kick RF forward, step RF next to LF, step LF in place

Tag: after 9th wall, facing 9 o'clock

1-4 Sway R, sway L, sway R, sway L

ENJOY!

Rev: 5/31/11





牆數:4