

Let's Get It Poppin'

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Beginner Soul
編舞者: Bernadette Burnette (USA) - May 2011
音樂: Get It Poppin' (feat. Nelly) - Fat Joe



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Intro: 16 counts.

Sec. 1: Diagonal Shuffle Fwd (R/L), Diagonal Shuffle Back, Back, Together, Step

1&2 Step right forward diagonally right, step left next to right, step right forward diagonally right
3&4 Step left forward diagonally left, step right next to left, step left forward diagonally left
5&6 Step right backward to right diagonal, step left next to right, step right backward to right diagonal
7&8 Step left back (square up to 12:00), step right next to left, step left in place

Sec. 2: Pop Knees (downwards, straightening up), Side, Touch (in, out, in), Side, Touch (out, in, out)

1&2 Bending knees & go downwards, Straightening up (weight on left), step right to right side
3&4 Touch left next to right, touch left to left side, touch left next to right
5-6 Big step left to left side, touch right next to right
7&8 Touch right to right side, touch right next to right, touch right to right side

Sec. 3: Heel, Step, Heel, Step, Touch (out, in, out, in, out, in, out) ¼ left

1-2-3-4 Touch right heel forward, step right next to left, touch left heel forward, step left next to right
5&6&7&8 (Touch right to right side, touch right next to left) X 3, touch right to right side Progressive to ¼ left (9:00)

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