

# Rolling In The Deep

COPPERKNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Easy Intermediate  
編舞者: Terry Pournelle (USA) - May 2011  
音樂: Rolling in the Deep - Adele



## Intro 8 counts

### WALK RIGHT, LEFT, ANCHOR STEP, LEFT COASTER, BRUSH HITCH CROSS

1-2            Step right forward, step left forward  
3&4            Step right slightly behind left, step left in place, step right slightly behind left and slightly sideways  
5&6            Step left back (squaring up to front wall), step right back, step left forward  
7&8            Brush right foot, hitch right knee, cross right over left (weight on right)

### COASTER, POINT & POINT, HEEL & HEEL, ROCK RECOVER

1&2            Step left back, step right back, step left forward  
3&4&            Touch right toes to right side, step right together, touch left toes to left side, step left together  
5&6&            Touch right heel forward, step right together, touch left heel forward, step left together  
7-8            Rock right forward, recover left

### LOCK STEP BACK, TOUCH UNWIND, SCISSORS RIGHT & LEFT

1&2            Step right back, lock left in front of right, step right back  
3-4            Touch left toe behind right heel, unwind  $\frac{3}{4}$  turn (3:00) (weight on left)  
5&6            Step right to right, step left next to right, cross right over left  
7&8            Step left to left, step right next to left, cross left over right

### ROCK RECOVER, FULL TURN TRIPLE IN PLACE, ROCK RECOVER, BACK, BACK, TURNING $\frac{1}{2}$ STEP FORWARD

1-2            Right rock forward, recover left  
3&4            Triple in place turning a full turn right, stepping right, left, right

#### Variation for 3&4: Coaster step

5-6            Left rock forward, recover right  
7&8            Step back left, step back right, turn  $\frac{1}{2}$  turn left stepping forward left (9:00)

## REPEAT AND ENJOY!

**\*\*Special thanks to the Carolina Girls for their support and suggestions and to Barbara Gehlmann for the song recommendation!**