

# Hit The Lites

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - May 2011  
音樂: Hit The Lights - Jay Sean



## Starts on Main Vocal (32 Counts)

### Rock Step & Step, 1/4 Cross, Back, 1/4, 1/4, Shuffle 1/2.

- 1-2      Rock forward on Right, recover on Left.  
&3-4      Step Right next to Left, step forward on Left, make 1/4 turn to Right cross stepping Right over Left.  
5-7      Step back on Left, make 1/4 turn to Right stepping forward on Right, 1/4 turn Right stepping back on left.  
8&1      Make 1/4 turn To Right stepping Right to Right side, step Left next to Right, 1/4 to Right stepping forward on Right.

### Cross, Back, Shuffle 1/2, 1/4 Rock, Recover, Behind & Touch.

- 2-3      Cross step Left over Right, step back on Right.  
4&5      Make 1/4 turn to Left stepping Left to Left side, step Right next to Left, 1/4 turn Left stepping forward on Left.  
6-7      Make 1/4 turn to Left rocking Right to Right side, recover on Left.  
8&1      Cross step Right behind Left, step Left to Left side, touch Right toe forward slightly across Left.

### & Touch, & Touch, & Rock Step, Lock Step Back, 1/4 .

- &2      Step Right slightly forward, touch Left toe forward slightly across Right.  
&3      Step Left slightly forward, touch Right toe forward slightly across Left.  
&4-5      Step Right slightly forward, Rock forward on Left, recover on Right. (Counts 1-4 travel forward).  
6&7      Step back on Left, lock Right across Left, step back on Left,  
8      Make 1/4 turn to Right stepping Right to Right side.

### Hip Bumps, Step, 1/2 Pivot, Walk, Walk.

- 1-2      Step Left to Left & very slightly forward bumping hips Left, repeat on Right.  
3-4      Repeat counts 1-2.  
5-8      Step forward on Left, pivot 1/2 turn to Right, walk forward Left-Right. \*\*R1\*\*

### Step, Lock & Step, Lock & 1/4, Walk, Walk, 1/4 Cross.

- 1-2&      Step Left forward diagonal Left, lock Right behind Left, step Left forward diagonal Left.  
3-4&      Step Right forward diagonal Right, lock Left behind Right, step Right forward diagonal Right.  
5-6      Make 1/4 turn To Left stepping forward Left, step forward Right.  
7-8      Step forward on Left, turn 1/4 to Right cross stepping Right over Left. (slight dip)

### 1/4, Mambo Step, Back, 1/2, 1/2, 1/4, Step.

- 1      Make 1/4 turn to Left stepping forward on Left.  
2&3      Rock forward on Right, recover on Left, step back on Right.  
4-5      Step back on Left, make 1/2 turn to Right stepping forward on Right.  
6-8      1/2 turn to Right stepping back on Left, 1/4 turn Right stepping Right to Right side, step forward on Left. \*\*R2\*\*

### Step, Kick & Step, Step, Point & Point & Point, 1/4.

- 1-2      Step forward on Right, kick Left forward.  
&3-4      Step Left next to Right, step forward on Right, step forward on Left.

5&6 Point Right to Right side, step Right next to Left, point Left to Left side.  
&7-8 Step Left next to Right, point Right to Right side, make 1/4 turn Right stepping Right next to Left.

**Step, 1/4 Cross & Cross, 1/4 Cross, Back 1/8, Back, Behind 1/8, Side.**

1 Step forward on Left.  
2&3 Make 1/4 turn to Right cross stepping Right over Left, step Left to Left side, cross step Right over Left.  
4 Make 1/4 turn to Left cross stepping Left over Right.  
5-6 Make 1/8 turn to Left stepping back on Right, step back on Left.  
7-8 Make 1/8 turn to Left cross stepping Right behind Left, step Left to Left side. (Counts 4-8 Circular Shape)

**\*\*R1\*\* Restart 1.. Wall 2 & Wall 5**

**Dance Up To & Including Count 7 (31) Section 4, Then Hold On Count 8 (32), Then Restart Dance From Beginning.**

**\*\*R2\*\* Restart 2.. Wall 7**

**Dance Up To & Including Count 8 (48) Section 6, Then Restart Dance From Beginning.**

**Tag: End of Wall 3**

1-4 Step forward on Right, Hold, step forward on Left, Hold.  
5-8 Cross step Right over Left, step back on Left, make 1/4 turn Right stepping forward Right, step forward on Left.

**Revised on site - 13th May 2011**

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