

Haba Haba

拍數: 64 牆數: 4 級數: Phrased Easy Intermediate
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音樂: Haba Haba - Stella Mwangi



You dance it as follows: A BBB A BBBB

A (32 counts)

(1-8) Walk x2, shuffle, rocking chair

1, 2 Walk fwd on right, left
3&4 Step fwd on right, step left beside right, step fwd on right
5, 6 Rock fwd on left foot, recover onto right
7, 8 Rock back on left foot, recover onto right

(9-16) Step 1/2 turn R x2, rock step, shuffle 1/2 turn L

1, 2 Step fwd on left foot, make a 1/2 turn right
3, 4 Step fwd on left foot, make a 1/2 turn right
5, 6 Rock fwd on left foot, recover onto right (12.00)
7&8 Make 1/2 turn left stepping left, right, left (6.00)

For counts 17-32, repeat count 1-16 above facing 6 o'clock, end facing 12 o'clock

B (32 counts)

(1-8) Out, out, side shuffle, out, out, side shuffle

1, 2 Step right foot to right side, step left foot to left side
3&4 Step right foot to right side, step left beside right, step right to side
5,6 Step left foot to left side, step right foot to right side
7&8 Step left foot to left side, step right beside left, step left foot to side

(9-16) Cross, back, side shuffle, cross, back, side shuffle

1, 2 Cross right foot in front of left, step back on left foot
3&4 Step right foot to right side, step left beside right, step right to side
5, 6 Cross left foot in front of right, step back on right foot
7&8 Step left foot to left side, step right beside left, step left to side

(17-24) Rock step, shuffle 1/2 turn R, rock step, shuffle 1/2 turn L

1, 2 Rock fwd on right foot, recover onto left (12.00)
3&4 Make a 1/2 turn right stepping right left right
5,6 Rock fwd on left foot, recover onto right (6.00)
7&8 Make a 1/2 turn left stepping left right left

(25-32) Out, out, in, in, chug x4 (1/4 turn L)

1, 2 Step right foot out to right side, step left foot out to left side
3, 4 Step right foot to center, step left foot beside right
5, 6, 7,8 Chug Move right foot along the floor four times and using the right foot to push yourself a 1/4 turn left, weight ends on left foot (end facing 9.00)