

# Rolling In The Deep Beginner

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Charlotte Neckelmann (DK) - May 2011  
音樂: Rolling in the Deep - Adele



**Intro: 8 Counts. It's a quick start. be ready!**

## **Toe Struts Forward Diagonally with hip boom X 4**

1 - 2      Step Diagonally step right toe forward White hip boom(10.30 (1) drop right heel (2)  
3 - 4      step Diagonally step left toe forward White hip boom(1.30)(3) drop left heel moving(4)  
5 - 8      Repeat 1-4 [12:00]

**For style move your shoulder : round up down right shoulder from front and left shoulder from bag clock wise on 2 count do it 4 times .**

## **Monterey Turn x 2**

1 - 2      Point with right toe(1)¼ turn right step right beside left(2) [3:00]  
3 - 4      point left (3)Step left beside right (4) [3:00]  
5 - 8      Repeat 1-4 [6:00]

## **Point R slightly step cross R. Step point L slightly cross**

1 - 2      Point right (1)slightly cross step forward right(2) [Style Point hands to left ]  
3 - 4      Point left (3)slightly cross step forward left(4)[Style Point hands to right ]  
5 - 6      Point right (5)slightly cross step back right(6)[Style Point hands to left ]  
7 - 8      Point left (7)slightly cross step back left(8) [6:00][Style Point hands to right ]

## **Vine R, Touch, Vine L, Touch.**

1 - 2      Step right to right side (1) Cross left behind right(2) [Style cross left behind right bend your knees]  
3 - 4      Step right to right side (3) touch left(4)  
5 - 6      Step left to left side (5 )cross right behind left (6) [Style cross right behind left. bend your knees]  
7 - 8      Step left to left side 7) Touch right(8) [6:00]

**Start Again.**

**Contact: [Linedance\\_neckelmann@yahoo.dk](mailto:Linedance_neckelmann@yahoo.dk) - [www.freewebsite.dk/galleri\\_neckelmann/forside.php](http://www.freewebsite.dk/galleri_neckelmann/forside.php)**