

# Rolling In The Deep Maxi

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver  
編舞者: Charlotte Neckelmann (DK) - May 2011  
音樂: Rolling in the Deep - Adele



**Intro: 8 Counts. It's a quick start. be ready!**

## **Toe Struts Forward Diagonally whit hip boom X 4**

1 - 2            Step Diagonally step right toe forward White hip boom(10.30 (1) drop right heel (2)  
3 - 4            step Diagonally step left toe forward White hip boom (1.30)(3) drop left heel moving(4)  
5 - 8            Repeat 1-4[12:00]

**For style: move your shoulder : round up down right shoulder from front and left shoulder from bag clock wise on 2 count do it 4 times .**

## **Monterey Turn x 2**

1 - 2            Point with right toe(1)¼ turn right step right beside left(2) [3:00]  
3 - 4            point left (3)Step left beside right (4) [3:00]  
5-8            Repeat 1-4 [6:00]

## **Point R slightly step cross R. Step point L slightly cross L. Forward and back**

1 - 2            Point right (1)slightly cross step forward right(2)[Style Point hands to left ]  
3 - 4            Point left (3)slightly cross step forward left(4)[Style Point hands to right ]  
5 - 6            Point right (5)slightly cross step back right(6)[Style Point hands to left ]  
7 - 8            Point left (7)slightly cross step back left(8)[6:00][Style Point hands to right ]

## **Vine r, touch, vine l, touch**

1 - 2            Step right to right side (1) Cross left behind right(2) [Style cross left behind right bend your knees]  
3 - 4            Step right to right side (3) touch left(4)  
5 - 6            Step left to left side (5 )cross right behind left (6) [Style cross right behind left. bend your knees]  
7 - 8            Step left to left side 7) Touch right(8) [6:00]

## **(Point. Hitch. Point. Step) x2. Step.½ Turn. Step**

1&2            Point right(1) Hitch right(&) Point right(2)[6:00]  
3 -4            Cross slightly step forward right(3) Point left (4)  
&5-6            Hitch left (&)Point left(5)Cross slightly step forward left[6:00]  
7&8            Step right (7) ½ turn left(&) Step right (8)[12:00]

## **Triple full turn. Rock. Coaster cross. Rock to left side**

1&2            Triple full turn right stepping left back(1) right(&) left (2)travelling forwards [12:00]

### **(alternative - left shuffle)**

3 - 4            Rock right (3) Recover left(4)  
5&6            step back right (5) step left beside right (&)Cross right over left(6)  
7 - 8            Rock left to left side (7) Recover right (8)[12:00]

## **¼ turn Sailor Rock R .step back R. Rock L step forward. Turn ¼ on heel.**

1&2            ¼ turn swipe left crossing left behind right(1)Step right to right side(&)Step left to left side[9:00]  
3&4            Rock right(3)Recover left (&) Step right back (4)  
5&6            Rock left back (5) Recover right(&) step left forward ( 6)[9:00]  
7 - 8            Step right beside left (7)Turn ¼ on bought feet on the heel(8)(over left shoulder)[6:00]

**Kick diagonally right, step behind, Side. Cross x2**

1 -2 Kick right foot diagonal slightly down(1) Kick again right foot diagonal slightly down(2)[6:00]  
3&4 Cross right behind left (3)Step left to left side (&)Cross right slightly over left(4)  
5 - 6 Kick left foot diagonal slightly down(1)Kick again left foot diagonal slightly down 2)  
7&8 Cross left behind right(3)Step right to right side(&)Cross left slightly over right(4)[6:00]

**Start Again.**

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