

Sleeping Child

拍數: 32 牆數: 2 級數: Beginner
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音樂: Sleeping Child - Michael Learns to Rock



Intro: 24 counts

Side Rock, Recover, Cross Shuffle, Side Rock, Recover, Behind Side Forward

1-2 Rock R foot to R side , recover weight on L foot
3&4 Cross R foot over L foot , step L foot to L side , cross R foot over L foot
5-6 Rock L foot to L side , recover weight on R foot
7&8 Cross L foot behind R foot , step R foot to R side , step L foot forward

Forward Rock, Recover, Shuffle ½ Turn, Pivot ¼ Turn, Cross Shuffle

1-2 Rock R foot forward , recover weight on L foot
3&4 Turn ½ R stepping R foot forward , lock L foot behind R foot , step R foot forward
5-6 Step L foot forward , turn ¼ R
7&8 Cross L foot over R foot , step R foot to R side , cross L foot over R foot

Tap, Kick, Sailor Cross, Tap, Kick, Sailor Cross

1-2 Touch R toes beside L foot , kick R to R diagonal
3&4 Cross R foot behind L foot , step L foot to L side , cross R foot over L foot
5-6 Touch L toes beside R foot , kick L to L diagonal
7&8 Cross L foot behind R foot , step R foot to R side , cross L foot over R foot

Side Rock, Recover ¼ Turn, Walk, Walk, Hip Bump

1-2 Rock R foot to R side , recover weight on L foot and turn ¼ L
3-4 Step forward on R foot , step forward on L foot
5-6 Step R foot to R side swaying hips to R side , sway hips to L side
7-8 Sway hips to R side , sway hips to L side

No Tag , No Restart , Happy Dancing !!!
