

Pick Up U

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Edward Tam (MY) - May 2011
音樂: Pick Up U (Radio Edit) - E.via : (CD: Via Polar)



Intro: Start after 16 Counts. - Structure: Repeating with no tag, bridge or restart.

[1-8] Right Vine Look Left, Left Vine Look Right

1,2 Move right leg to the right, look left and move left leg behind right
3,4 Move right leg to the right, step left toe beside right leg
5,6 Move left leg to the left, look right and move right leg behind left
7,8 Move left leg to the left, Step right toe beside left leg

[9-16] 1/4 Right Turn, 1/2 Right Turn, 1/4 Right Turn, Side Switches, Flick Behind

1,2 1/4 right turn stepping right leg forward (facing 3.00), step left leg forward
3,4 1/2 right turn (facing 9.00), 1/4 right turn (facing 12.00)
5&6 Point right toe to right, close right to left, point left toe to left
&7,8 Close left to right, point right toe to right, flick right foot back

[17-24] Pivot 1/2 Left Turn, Side Rock Left, Side Rock Right

1,2 Step right leg forward, Pivot 1/2 left turn stepping left leg forward (facing 6.00)
3,4 Cross right leg over left leg, rock left leg to the left,
5,6 Recover behind right leg, move right leg next to left leg,
7,8 Cross left leg over right leg, rock right leg to the right

[25-32] Jazz box, 1/4 Left Turn, Kick Ball Change

1,2 Cross right leg in front of left leg, move left leg back
3,4 Move right beside left leg, 1/4 turn left leg facing 9.00
5&6 Move left leg forward, move right leg behind left, move left leg forward
7,8 Kick right leg forward, step right leg to the right

Repeat until the end of dance with no tag.

Have Fun & Enjoy the Dance!
