

Forever In My Heart

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Joenan (AUS) - May 2011
音樂: In My Heart Forever - Group NME



Count in: 36 count

Side, Nightclub, Nightclub, Rock, Recover, Shuffle Forward

1 Step R to right side
2&3 Rock L behind R, recover onto R, step L to left side
4&5 Rock R behind L, recover onto L. step R to right side
6-7 Rock back on L, recover on R
8&1 Shuffle forward on L, R, L (12:00)

Sways, Forward Mambo, Touch, Unwind $\frac{3}{4}$ Turn Right, Chasse Left

2&3 Step forward on R and sway hips forward, back, forward
4&5 Rock forward on L, recover onto R, step back on L
6-7 Touch R behind L, unwind $\frac{3}{4}$ turn right (wt ends on R)
8&1 Chasse left on L, R, L (9:00)

Rock, Recover, Point, Sailor $\frac{1}{4}$ Turn Right, Rock, Recover, Run Back

2&3 Rock back on R, recover on L, point R to right side
4&5 Step R behind L, turning $\frac{1}{4}$ turn right step forward on L, step forward on R
6-7 Rock forward on L, recover on R
8&1 Run back on L, R, L (12:00)

Rock, Recover $\frac{1}{4}$ Turn Left, Step Right, Behind Side Cross, Sways, Chasse Right

2&3 Rock back on R, recover on L turning $\frac{1}{4}$ turn left, step R to right side
4&5 Step L behind R, step R to right side, cross step L over R
6-7 Step R to right side and sway right, sway left
8&1 Chasse right on R, L, R (9:00)

Start Again
