

Show Me

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Esmeralda van de Pol (NL) - April 2011
音樂: 1+1=2 - Lou Bega



Intro : 32 counts

::1::FWD ROCK & SIDE ROCK, COASTER ¼TURN R, FWD ROCK & SIDE ROCK, COASTER ¼ L.

1&2& Rock R fwd, Recover on L, Rock R to R side, Recover on L
3&4 Make ¼ turn R-stepping R back, Step L next to R, Step R fwd
5&6& Rock L fwd, Recover on R, Rock L to L side, Recover on R
7&8 Make ¼ turn L-stepping L back, Step R next to L, Step L fwd

::2::LOCK STEP FWD, SCUFF, MAMBO FWD, WALKS BACK X3, KICK FWD, COASTER STEP

1&2& Step R fwd, step L behind R, Step R fwd, Scuff L fwd
3&4 Rock L fwd, Recover on R, Stepping L back
5&6& 3 walks back R/L/R, Kick L fwd
7&8 Step back on L, Step R next to L, Step L fwd

::3::SIDE-TOUCH, SIDE-TOUCH, RUMBA BOX FWD, TOE STRUT X2, SIDE MAMBO

1&2& Step R to R side, Touch L next to Right, Step L to L side, Touch R next to L
3&4 step R to R side, Step L next to R, Step R fwd
5&6& Touch L toe diagonally fwd, Place L heal down, Touch R toe Diagonally fwd, Place R heal down
7&8 Rock L to L side, Recover on R, Close L next to R

::4::SHUFFLE FWD, PIVOT ¼ TURN R, CROSS SHUFFLE, SIDE STEP.

1&2 Step R fwd, Close L next to R, Step R fwd
3-4 Step L fwd, Make ¼ turn R, weight on R
5&6 Step L Across R, Step R to R side, Step L Across R
7-8 Big step R to R side, Drag L en Close next to R

Start Again - Dance and Have Fun :)

Contact: www.sundancers.nl / info@sundancers.nl