

It's Gonna Be Alright

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Novice / Beginner
編舞者: Lisa Carlier (BEL) - April 2011
音樂: You're Not Alone Tonight - Keith Urban : (NC2S / Album: Days Go By)



S1: ¼ TURN RIGHT, PIVOT TURN RIGHT, ¼ LEFT NC BASIC, SWEEP RF WITH ½ TURN LEFT, CROSS ROCK, RECOVER, WEAVE TO RIGHT SIDE

1-2& ¼ turn R, RF step fwd – step LF fwd & make ½ turn R, weight on RF
3-4& ¼ turn R, LF big step to side – close RF behind LF & cross LF over RF
5-6& RF sweep while making a ½ turn L – RF cross over LF & replace weight on LF
7&8& RF step to side, cross LF over RF, step RF to side, cross LF behind RF

S2: ¼ TURN RIGHT(LF SWEEP IN FRONT), CROSS, BEHIND, ¼ TURN LEFT NC BASIC, RIGHT NC BASIC, ¼ TURN LEFT, FULL TURN LEFT TRAVELLING FWD

1-2& ¼ turn R, RF step fwd (sweep LF in front) – LF cross over RF – RF step bwd
3-4& ¼ turn L, LF big step to side – close RF behind LF & cross LF over RF
5-6& RF big step to side – close LF behind RF & cross RF over LF
7-8& ¼ turn L, LF step fwd – ½ turn L, RF step bwd & ½ turn L, LF step fwd

S3: ½ TURN LEFT, ROLLING VINE LEFT, CROSS ROCK, RECOVER, ¼ TURN RIGHT, PIVOT TURN R, UNWIND FULL TURN LEFT WHILE SWEEPING LF(WEIGHT STAYS ON RF WHOLE TURN)

1-2& ½ turn L, RF step bwd – ¼ turn L, LF step fwd & ½ turn L, RF step bwd
3-4& ¼ turn L, LF step to left side – cross RF over LF & recover weight on LF
5-6 ¼ turn R, RF step fwd – LF step fwd
7-8&1 L+R making a ½ turn R – Make a full turn left on your RF while sweeping your LF

S4: BEHIND-SIDE-CROSS, SIDE ROCK, RECOVER, CROSS, SWAYS, TOUCH RF NEXT TO LF

2& LF cross behind RF & RF step to side 3-4& LF cross over RF – rock RF to R side & recover weight on LF
5-6 RF cross over LF – sway L
7-8& Sway R – sway L & touch RF next to LF

HAVE FUN!

RESTARTS:

In wall 3, you dance the first 3 counts, on the 4th count you touch RF next to LF and restart the dance.

In wall 6, you dance the first section (8&), and restart the dance.

In wall 7, you dance the first 3 sections and the first part of section 4, till count 4& and you restart the dance one last time.

Thanks to Jeffke Camps for the step sheet!