

Keep On Walking

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate / Advanced
編舞者: Gary Stubbs (UK) - May 2011
音樂: Walk a Mile in My Shoes - Big Daddy Wilson & Doc Fozz



Start On Main Vocals , 29 Seconds.

Sec 1: Walk , Walk , Shuffle 1/2 Turn , Behind 1/4 Turn , Cross Shuffle.

1-2 Walk Forward Right , Left.
3&4 Step Right To Side Making 1/4 Left , Cross Left Over Right , Step Right Back Making 1/4 Left.
5-6 Cross Left Behind Right Starting To Turn , Step Right To Side Turning 1/4 Left.
7&8 Cross Left Over Right , Step Right To Side, Cross Left Over Right.

Sec 2: Chasse Right , Back Rock , Reverse Rolling Vine, Side Drag.

1&2 Step Right To Side , Step Left Next To Right , Step Right To Side.
3-4 Rock Back Left Behind Right , Recover To Right.
5-6 Step Back Left Making 1/4 Turn Right, Step Forward Right Making 1/2 Turn Right.
7-8 Make a 1/4 Turn Right Stepping Left Large Step To Side , Drag Right To Left.

Sec 3: Ball Change Cross 1/4 Turn , 1/4 Hold , Ball Change Walk Walk , Shuffle 1/2 Turn.

&1-2 Step Down On Ball Of Right , Cross Left Over Right , Step Back Right Making 1/4 Turn Left.
3-4 Step Left To Side Making 1/4 Left , Hold For One Count.
&5-6 Step Ball Of Right Next To Left , Walk Forward Left, Right.
7&8 Shuffle 1/2 Turn Right Stepping Left , Right, Left.

Sec 4: Behind Side , Samba Step , Cross Side , Behind Side Cross.

1-2 Cross Right Behind Left, Step Left To Side.
3&4 Cross Right Over Left , Rock Left To Side , Recover To Right.
5-6 Cross Left Over Right , Step Right To Side.
7&8 Cross Left Behind Right , Step Right To Side, Cross Left Over Right.

Sec 5: Heel Jacks , 1/2 Turn With Hip Circles.

&1&2 Step Back On Right, Touch Left Heel Diagonally Left , Step Down Left, Cross Right Over Left.
&3&4 Step Back On Left, Touch Right Heel Diagonally Right, Step Down Right , Cross Left Over Right.
5-6 Step Right To Side , Make 1/4 Turn Left Circling Hips .
7-8 Step Right To Side , Make 1/4 Turn Left Circling Hips

Sec 6: Rocking Chair , 1/4 Touch Hold and Circle Hips.

1-2 Rock Forward Right, Recover To Left.(Pushing Hips Back)
3-4 Rock Back Right , Recover To Left.(Pushing Hips Back)
5-6-7-8 Touch Right To Side Turning 1/4 Left , Hold For 3 Counts.

(On Counts 6-7-8 Rotate Hips Once Over 3 Counts CW).*

Sec 7: 1/4 Right , 1/2 Right , R Coaster Step , Step Forward Hold , Ball Change Rock Step.

1-2 Step Down On The Right Making 1/4 Turn Right , Make 1/2 Turn Right Stepping Back On Left.
3&4 Step Back Right , Step Left Next To Right , Step Forward Right.
5-6 Step Forward Left , Hold For One Count.
&7-8 Step Right Next To Left , Rock Forward Left , Recover To Right.

Sec 8: L Lock Step Back , Mambo Scuff , Out Out , Hold and Circle Hips.

1&2 Step Left Back , Cross Right Over Left , Step Left Back.
3&4 Rock Back Right , Recover To Left , Scuff Right Forward.
&5 Step Out Right , Step Out Left.
6-7-8 Hold For 3 Counts. **

Weight To Left To Start Dance From Beginning.

*** Restart: On Wall 1 – After 48 counts.**

**** At The End Of Wall 6 There Is An Easy 16 Count Tag;**

Jazz Jump x 2 , Circle Hips

&1-2 Step Out Right , Step Out Left , Hold For One Count.
&3-4 Step In Right , Step In Left , Hold For One Count.
5-8 Circle Hips For 4 Counts.

Jazz Jump x 2 , Circle Hips

&1-2 Step Out Right , Step Out Left , Hold For One Count.
&3-4 Step In Right , Step In Left , Hold For One Count.
5-8 Circle Hips For 4 Counts.

Add Lots Of Attitude and Styling When Circling Hips.
