

My Mamma Said

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Jeanne Blixt (DK) - May 2011
音樂: My Mamma Said - Aqua



SIDE, TOGETHER, CHASSÉ, JAZZBOX ¼ TURN LEFT, TOUCH

1-2 Step right foot to right side, step together with left foot
3&4 Step right to right side, step left beside right, step right to right side.
5-6 cross left over right, step back on right.
7-8 Turn ¼ stepping forward on left, and touch right beside left.

ROCKING CHAIR, ¼ PADDLE TURN X2

1-2 rock forward on right, recover on left.
3-4 rock back on right, recover on left.
5-6 Step right forward, turn ¼ over left.
7-8 Step right forward, turn ¼ left.

BACK ROCK, FORWARD ROCK, SIDE ROCK, BACK ROCK

1-2 Rock back on right, recover on left.
3-4 Rock forward on right, recover on left.
5-6 Rock right to right side, recover on left.
7-8 Rock back on right, recover on left.

½ TURN SHUFFLE, BACK SHUFFLE, ¾ SHUFFLE, CHASSÉ

1&2 Step ¼ over left on right foot, step left beside right, step right back making a ¼ turn.
3&4 Step left back, step right beside, step left back.
5&6 Step right ¼ over right, step left beside, step right ½ over right.
7&8 Step left to left, step right beside, step left to left.

REPEAT

RESTART: 5th wall after 20 counts, and 8th wall after 16 counts.

ENDING: Chassé ½ over right and touch.
