

# Young and Beautiful

COPPER KNOB  
BY STEPHEN HETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Jonathan Williamson (UK) - March 2011  
音樂: We're Young and Beautiful - Carrie Underwood : (Album: Some Hearts)



## Weave, Cross & point, Rock back & point

1-2      Cross left over right, step right to right side  
3-4      Step left behind right, step right to right side  
5&6      Cross left over right, recover weight back on right, point left to left side  
7&8      Rock left behind right, recover weight back on right, point left to left side

## ¼ turn, Hitch, Coaster step, Shuffle, ¼ turn x 2

1-2      (With weight back on right) ¼ turn left, hitch left foot  
3&4      Step back on left, step right next to left, step forward left  
5&6      Step forward right, step left next to right, step forward right  
7-8      Step forward left making ¼ turn right, step right to right side making ¼ turn

## Cross rock, ¼ shuffle, Step ½ turn shuffle

1-2      Cross left over right, recover weight back on right  
3&4      ¼ turn left stepping forward, step right besides left, step forward left  
5-6      Step right forward, pivot ½ turn left  
7&8      Step forward right, step left besides right step forward right

## Forward rock, Triple full turn, Kick out out, Snake roll left

1-2      Rock forward on left, recover weight back on right  
3&4      Triple full turn left stepping left, right, left  
(alternatively do a left coaster step)  
5&6      Kick right forward, step right to right side, step left to left side  
7-8      Snake Roll To Left. (using Your Head As Lead. Ensure weight ends on left)

## Behind, side cross shuffle, Side behind & heel & hold

1-2      Step right behind left, step left to left side  
3&4      Cross right over left, step left to left side, cross right over left  
5-6      Step left to left side, step right behind left  
&7-8      Step left back, touch right heel forward, hold.

## (&) cross, side, sailor ¼ turn, forward shuffle, full turn left, right

&1-2      Step right in place, cross left over right, step right to right side  
3&4      Step left behind right, ¼ turn left stepping forward right, step left next to right  
5&6      Step forward right, step left besides right, step forward right  
7-8      ½ turn right stepping back on left, ½ turn right stepping forward on right  
(alternatively walk forward left, right)

Start Dance 32 counts from beginning of track.

Restart wall 3 after step 40. Weight is on the wrong foot so on a ½ count transfer weight onto right and restart dance.