

Young and Beautiful

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Jonathan Williamson (UK) - March 2011
音樂: We're Young and Beautiful - Carrie Underwood : (Album: Some Hearts)



Weave, Cross & point, Rock back & point

- 1-2 Cross left over right, step right to right side
- 3-4 Step left behind right, step right to right side
- 5&6 Cross left over right, recover weight back on right, point left to left side
- 7&8 Rock left behind right, recover weight back on right, point left to left side

¼ turn, Hitch, Coaster step, Shuffle, ¼ turn x 2

- 1-2 (With weight back on right) ¼ turn left, hitch left foot
- 3&4 Step back on left, step right next to left, step forward left
- 5&6 Step forward right, step left next to right, step forward right
- 7-8 Step forward left making ¼ turn right, step right to right side making ¼ turn

Cross rock, ¼ shuffle, Step ½ turn shuffle

- 1-2 Cross left over right, recover weight back on right
- 3&4 ¼ turn left stepping forward, step right besides left, step forward left
- 5-6 Step right forward, pivot ½ turn left
- 7&8 Step forward right, step left besides right step forward right

Forward rock, Triple full turn, Kick out out, Snake roll left

- 1-2 Rock forward on left, recover weight back on right
 - 3&4 Triple full turn left stepping left, right, left
- (alternatively do a left coaster step)**
- 5&6 Kick right forward, step right to right side, step left to left side
 - 7-8 Snake Roll To Left. (using Your Head As Lead. Ensure weight ends on left)

Behind, side cross shuffle, Side behind & heel & hold

- 1-2 Step right behind left, step left to left side
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Step left to left side, step right behind left
- &7-8 Step left back, touch right heel forward, hold.

(&) cross, side, sailor ¼ turn, forward shuffle, full turn left, right

- &1-2 Step right in place, cross left over right, step right to right side
- 3&4 Step left behind right, ¼ turn left stepping forward right, step left next to right
- 5&6 Step forward right, step left besides right, step forward right
- 7-8 ½ turn right stepping back on left, ½ turn right stepping forward on right

(alternatively walk forward left, right)

Start Dance 32 counts from beginning of track.

Restart wall 3 after step 40. Weight is on the wrong foot so on a ½ count transfer weight onto right and restart dance.