

# Happy Mama

COPPER KNOB  
STEPSHEETS

拍數: 96      牆數: 2      級數: Phrased Intermediate  
編舞者: ModernId - April 2011  
音樂: Rang Ni Ma Ma New Yi Xia (讓你媽媽New一下) - Harlem Yu (庾澄慶)



Intro: 24 counts – Pattern: B B A B C / B A / B B A(5/8~8/8) B C / B B

## Part A(64 counts)

### R POINT FRONT, FLICK ½ TURN L, SHUFFLE FWD, REPEAT WITH L

1-2            Point right forward, flick right with ½ turn left  
3&4            Shuffle forward with R, L, R  
5-6            Point left forward, flick left with ½ turn right  
7&8            Shuffle forward with L, R, L

### SYNCOPATED R VINE, CROSS MAMBO X2

1                Step right to right side  
2&3            Cross left behind right, step right to right side, cross left over right  
4                Step right to right side  
5&6            Cross mambo on left over right, recover onto right, step left to left  
7&8            Cross mambo on right over left, recover onto left, step right to right

### SYNCOPATED L VINE, CROSS MAMBO X2

1                Step left to left side  
2&3            Cross right behind left, step left to left side, cross right over left  
4                Step left to left side  
5&6            Cross mambo on right over left, recover onto left, step right to right  
7&8            Cross mambo on left over right, recover onto right, step left to left

### ROCK STEPS WITH R, FWD, BACK, SIDE, REPEAT WITH L

1&2&           Rock right forward, recover left, rock right back, recover left  
3&4            Rock right to right side, recover left, step right together  
5&6&           Rock left forward, recover right, rock left back, recover right  
7&8            Rock left to left side, recover right, step left together

### SHUFFLE FWD X2, R FWD, RECOVER ½ TURN L, R KICK BALL POINT

1&2            Shuffle forward with R-L-R  
3&4            Shuffle forward with L-R-L  
5-6            Step forward on right, pivot ½ turn to left  
7&8            Kick right forward, step right next to left, point left to left side

### SHUFFLE FWD X 2, L FWD, PIVOT ½ TURN R, L KICK BALL POINT

1&2            Shuffle forward with L-R-L  
3&4            Shuffle forward with R-L-R  
5-6            Step forward on left, pivot ½ turn to right  
7&8            Kick left forward, step left next to right, point right to right side

### R CROSS KICK TWICE, R SAILOR, L CROSS KICK TWICE, L SAILOR ½ TURN L

1-2            Cross kick right twice  
3&4            Sweep right back stepping behind left, step left to left side, step right to right side  
5-6            Cross kick left twice  
7&8            Sweep left ½ turn left stepping behind right, step right to right side, step left to left side

### OUT OUT IN IN, JAZZ BOX

- 1-2 Step forward right to right side(R arm up), step forward left to left side (L arm up)
- 3-4 Step back on right (R arm in front of waist), step left next to right (L arm on top of R arm)
- 5-8 Right cross, left back, right back, left in place

**Part B(32 counts)**

**OUT, OUT, JUMP TOGETHER (R-L-R), REPEAT WITH LEFT**

- 1-2 Step forward right to right side diagonally, step forward left to left side diagonal
- 3&4 Jump back on right, step left beside, step right in place
- 5-6 Step forward left to left side diagonally, step forward left to left side diagonal
- 7&8 Jump back on left, step right beside, step left in place

**Hip Swivel Right (Travel & Lean), Hip Swivel Left (Travel & Lean)**

- 1-2 Right Side Touch Swivel Hip right, swivel Hip Left (Weight Center)
- 3-4 Swivel Hip right (Weight Right), Swivel Hip Left (Weight Right)
- 5-6 Swivel Hip Right, Swivel Hip Left (Weight Center)
- 7-8 Swivel Hip Right (Weight Left), Swivel Hip Left(Weight Left)

**JUMP STEPS, RIGHT, TOGETHER, RIGHT, TOUCH, REPEAT WITH LEFT**

- 1-4 Step right to right side, step left beside right, step right to right side, touch left together
- 5-8 Step left to left side, step right beside left, step left to left side, touch right together

**CROSS KICK, STEP, CROSS KICK, STEP, PADDLE ¼ TURN LEFT TWICE**

- 1-4 Cross kick right over left, step right to right side, cross kick left over right, step left to left side
- 5-6 Step forward on right, pivot ¼ turn left rocking weight onto left
- 7-8 Step forward on right, pivot ¼ turn left rocking weight onto left

**Part C(32 counts)**

**DIAGONAL SHUFFLE FWD TWICE(R & L), HEEL, STEP, HEEL, STEP**

- 1&2 Step right forward to right diagonal, step left beside right, step right forward
- 3&4 Step left forward to left diagonal, step right beside left, step left forward
- 5-7 Cross touch right heel over left, step right to right, cross touch left heel over right, step left to left

**SIDE, HIP ROLLING TO THE RIGHT, HIP BUMPS, HIP ROLLING TO THE LEFT, HIP BUMPS**

- 1-2 Step right to roll hips clockwise, bump hips to right side
- 3-4 Roll hips counter-clockwise, bump hips to left side
- 5-8 Bump hips right, left, right, left

**DIAGONAL STEP BACK TWICE(R & L), HEEL, STEP, HEEL, STEP**

- 1&2 Step right back diagonal, drag left toward right stepping left together, step right in place
- 3&4 Step left back diagonal, drag right toward left stepping right together. step left in place
- 5-8 Cross touch right heel over left, step right to right side, cross touch left heel over right, step left to left side

**SIDE, HIP ROLLING TO THE RIGHT, HIP BUMPS, HIP ROLLING TO THE LEFT, HIP BUMPS**

- 1-2 Step right to roll hips clockwise, bump hips to right side
- 3-4 Roll hips counter-clockwise, bump hips to left side
- 5-8 Bump hips right, left, right, left

**Enjoy the dance and Happy Mother's Day!!**

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