

Rolling Start

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner
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音樂: Rolling in the Deep - Adele



Intro: 8 Counts

[1-8] WALK X2 , RT FWD SHUFFLE, ½ PIVOT RT, WALK X2

1-2 Walk forward RT LF. (Funky with attitude)
3&4 RT shuffle, step forward RT, close LF to RT, step forward RT
5-6 Step forward LF turning ½ to RT, replace weight to RT
7-8 Walk forward LF RT. (funky with attitude)

[9-16] LF FWD SHUFFLE, WALK X2, ½ PIVOT L, WALK X2

1&2 LF shuffle, step forward LF, close RT to LF, step forward LF
3-4 Walk forward RT LF (funky with attitude)
5-6 Step forward RT turning ½ to LF, replace weight to LF
7-8 Walk forward RT LF (funky with attitude)

[17-24] POINT RT TOE L DIAGONAL, POINT BACK, FWD, HITCH SIDE STEP TO HOME WALL. REPEAT LF TO RT DIAGONAL.

1-3 Point RT toe across to LF diagonal, touch RT toe back, touch RT toe across to LF diagonal.
&4 Hitch RT knee up and step side small step RT to face home wall
5-7 Repeat above with LF to RT diagonal
&8 Hitch LF knee up and step side small step LF to face home wall

All with funky styling

[25-32] CROSS ROCK ¼ TURN RT, ¼ PIVOT RT, CROSS SIDE, LONG STEP BACK & DRAG.

1&2 Cross rock RT over LF, recover weight LF, turn ¼ RT step fwd RT
3-4 Step forward LF turning ¼ pivot to RT replace weight to RT
5-8 Cross LF over RT, step to side RT, Step Long step back LF, drag RT to LF without weight.

Start Again.

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