Party Rockin'

拍數: 64

級數: High Intermediate

編舞者: Shaz Walton (UK) - April 2011

音樂: Party Rock Anthem (feat. Lauren Bennett & GoonRock) - LMFAO

Intro- 64 counts.

Side touch. Side. Touch. Coaster step. Scuff. Hitch. Step.

- 1-2 step right to right. touch left beside right. (on wall 2 onwards ...shake that!)
- 3-4 step left to left side. Touch right beside left (on wall 2 onwards..... shake your shoulders)
- 5&6 step back right. Step back left. Step forward right.
- &7-8 scuff left forward. Hitch left up. Step left forward.

Sailor step. Out. Out. Swivets.

- 1&2 cross step right behind left. Step left to left side. Step right to right side.
- 3-4 step left to left. Step right to right.
- 5&6& swivel left toe to left as right heel swivels out. Bring back to centre. Swivel right toe to right as left heel swivels out. Bring back to centre.
- 7&8& swivel left toe to left as right heel swivels out. Bring back to centre. Swivel right toe to right as left heel swivels out. Bring back to centre.

Coaster step. scuff side. Sailor step. behind. 1/4. 1/4 side.

- 1&2 step back right. Step back left. Step forward right.
- 3-4 scuff left forward. Make ¼ turn right stepping left to left side.
- 5&6 cross step right behind left. Step left to left side. Step right to right.
- 7&8 cross step left behind right. Step right forward making ¼ right. Make ¼ right taking a big step to the left with left.

Together. Cross. Rock & cross. ¼. ½. Chase turn.

- 1-2 drag/ step right beside left. Cross step left over right.
- 3&4 rock right to right. Recover on left. Cross step right over left.
- 5-6 make ¼ right stepping back left. Make ½ right stepping right forward.
- 7&8 step forward left. ¹/₂ pivot right. Step forward left.

Kick & cross. Side. ¼ heel. Ball. Step. ½ turn (hip circle) ball. Step. ¼ turn (hip circle)

- 1&2 kick right to right diagonal. Step right beside left. Cross left over right.
- 3-4 step right to right. Make 1/4 left leaving left heel dug into the floor.
- &5-6 step left beside right. Step forward right. Make ¹/₄ turn left circling hips anti clockwise. (Weight on right)
- &7-8 step left beside right. Step forward right. Make ¼ turn left circling hips anti clockwise. (Weight on left)

Step. pump. Ball. Step. pump. Skate - out. Out. In. In.

- 1-2 step right to right (no weight). Pump upper body forward with arms raised to shoulder level.
- &3-4 step right beside left (no weight). Step left to left. Pump upper body forward with arms raised to shoulder level.
- &5-6 Step left beside right. skate forward right. Skate forward left.
- 7-8 skate back right. Skate back left.

Knee roll, roll. ball. kick. step. step. ¼. Cross. Side.

- 1-2 with feet together roll right knee to right. Roll left knee to left.
- &3-4 step back right. Kick left forward. Step left down.
- 5-6 step forward right. Make ¼ left.





牆簍

牆數:2

7-8 cross step right over left. Step left to left side.

Back rock. Recover. 1/4. 1/2 sweep. Cross rock. Recover. Step side. Touch.

- 1-2 Rock back on right. Recover on left.
- 3-4 make ¼ right stepping right forward. Make ½ right sweeping left from back to front.
- 5-6 cross rock left over right. Recover on left.
- 7-8 Step left to left side. Touch right beside left.

Restart wall 3- after 32 counts- Facing front wall

Tag- wall – end of wall 4 – facing back wall.

- 1-2-3-4 Hold for 4 counts.
- 5&6 small shuffle forward with right
- 7&8 small shuffle forward with left.