

Hawaii Nice

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Louise Elfvengren (NOR) - April 2011
音樂: Hawaii Nice - Blackwater Refuge : (Hawaiian Hiphop)



Intro: 2 counts before vocals

SECTION 1: HULA RIGHT – HULA LEFT

1-2 Step right to right, step left beside right,
3&4 step right to right, step left next to right. Step right beside left.
And move your hips swaying, arms moving like hula dancer
5-6 Step left to left, step right beside left,
7&8 step left to left, step right next to left. Step left beside right.
And move your hips swaying, arms moving like hula dancer

SECTION 2: WALK BW WITH SWAY, COASTER STEP, POINT FW – SIDE, COASTER STEP

1-2 Walk back right – left swaying hips
3&4 Step back on right, step left beside right, step right forward
5-6 Point left forward, point left to left side.
7&8 Step back on left, step right beside left, step left forward

SECTION 3: HEELS, 1/4 TURN LEFT, ROCK FW, SHUFFLE BW

1&2& Put right heel forward, step right beside left, put left heel forward, step left beside right
3-4 Step forward on right turn 1/4 left stepping down on left (9)
5-6 Rock right forward, recover onto left
7&8 Step right back, step left next to right, step right back

SECTION 4: STEP FW , CROSS, LOCK STEP BW, 1/2 TURN, STEP, HIP ROLL

1-2 Step forward on left, cross right in front of left (weight on right)
3&4 Step left back, lock right in front of left, step back on left.
5-6 Turn 1/2 right stepping down on right, step left beside right. (3)
7-8 Stand still and make a hip-roll, from left to right.
