

# One Hell of A Ball!

拍數: 32      牆數: 2      級數: Improver  
編舞者: Steve Bisson (UK) - April 2011  
音樂: One Hell Of A Ball - Devon



## Intro: 32 Counts

### Sect. 1: Chasse, ½ Turn Chasse, ¼ Turn Step, Scuff/Hitch, Coaster Heel

1&2      Step left to left side, close right beside left, step left to left side [12.0]  
3&4      Turn ½ left and step right to right side, close left beside right, step right to right side [6.0]  
5-6      Turn ¼ right and step left forward, scuff right heel forward hitching right knee  
7&8      Step back on right, step left next to right, dig right heel forward

### Sect. 2: & Cross Rock, Back Lock Step, Back Rock, Forward Shuffle

&1-2      Step back on right, cross rock left over right, recover weight on right  
3&4      Step back on left, lock right over left, step back on left  
5-6      Rock back on right, recover weight on left  
7&8      Step right forward, close left to right, step right forward

### Sect. 3: Pivot ¼ Turn, Cross, Heel Ball Cross, Weave

1-2      Step left forward, pivot ¼ turn right [12.0]  
3-4&      Cross left over right, dig right heel diagonally forward, and step back on right  
5-6      Cross left over right, step right to right side  
7-8      Cross left behind right, step right to right side

### Sect. 4: Cross Rock, Sailor Step, Cross Rock, Sailor ½ Turn

1-2      Cross rock left over right, recover weight on right  
3&4      Swing left behind right, step right to right side, close left to right  
5-6      Cross rock right over left, recover weight on left  
7&8      Swing right behind left, step back left making ½ turn right, step right in place [6.0]

## Begin again

**Optional ending: To end the dance at the home wall – dance up to count 8 of Section 2 (Forward Shuffle) then add the following:**

1-2-3-4      Rock forward on left, Recover weight on right, Step left to left side making ¼ turn left [12.0],  
Cross right over left.

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