

Me And My Mirror

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Terry Mchugh (UK) - April 2011
音樂: Me and My Mirror On a Saturday Night - Julian Velard



Intro: 16 Count, (start on vocals)

Chasse right, heel taps x2, chasse left, heel taps x2.

1&2 chasse right, stepping right, left, right,
3-4 angle body diagonally left and tap left heel diagonally fwd twice.
5&6 chasse left, stepping left, right, left,
7-8 angle body diagonally right and tap right heel diagonally fwd twice,

Jazz box, kick ball change x2.

1-2 cross right over left, step back on left.
3-4 step right beside left, step left beside right (weight on left)
5&6 kick right fwd, step right beside left, step left in place,
7&8 repeat steps 5&6

Step fwd on right, tap left behind right, step back on left, tap right in front of left, rock out to right, recover on left with 1/4 turn left, shuffle fwd,

1-2 small step fwd on right, tap left behind right,
3-4 small step back on left, tap right in front of left,
5-6 rock right to right side, recover on left with 1/4 turn left,
7&8 shuffle fwd stepping right, left, right,

Shuffle fwd, shuffle 1/2 turn, sailor steps x 2.

1&2 shuffle fwd, stepping left, right, left,
3&4 shuffle 1/2 turn left, stepping right, left, right,
5&6 step left behind right, step right beside left, step left in place,
7&8 step right behind left, step left beside right, step right in place,

Step fwd on left, pivot 1/4 turn left and step right beside left, sailor step.

1-2 step fwd on left, pivot 1/4 turn left, and step right beside left,
3&4 step left behind right, step right beside left, step left in place,
5&6 shuffle fwd, stepping right, left, right,
7&8 shuffle fwd, stepping left, right, left,

Weave left with heel dig, weave right with heel dig.

1-2 cross right over left, step left to left side,
3&4& cross right behind left, step left beside right, dig right heel diagonally fwd, step right beside left.
5-6 cross left over right, step right to right side,
7&8& cross left behind right, step right beside left, dig left heel diagonally fwd, step left beside right,

Syncopated weave left, cross shuffle to right.

1-2 cross right over left, step left to left side,
3&4 cross right behind left, step left to left side, cross right over left,
5-6 rock left to left side, recover on right,
7&8 cross shuffle right, stepping left, right, left,

Step fwd on right, pivot 1/2 turn left, step fwd and kick, two steps back, coaster step.

1-2 step fwd on right, pivot 1/2 turn left,

3-4 step fwd on right, kick left fwd,
5-6 step back on left, step back on right,
7&8 step back on left, step right beside left, step fwd on left
