

Horseman (P)

拍數: 32 牆數: 0 級數: Improver Partner
編舞者: Arne Stakkestad (BEL) - April 2011
音樂: Horseman - George McAnthony : (CD: Dust Off My Boots)



Info: Start after 16 counts, on lyrics

Start in sweetheartposition. Steps for Men, Lady dances opposite steps

Steps Forw, Shuffle Forw, 1/4R Step Backw, Touch, 1/4L Step side, Touch, 1/4R Step Backw, Touch, 1/4L Step side, Touch

1-2 RF step forward, LF step forward
3&4 RF step forward, LF step beside, RF step forward
5& ¼ r LF step backwards, RF touch beside (release RH & clap RH Lady)
6& ¼ l RF step side, LF touch beside (sweetheartposition)
7& ¼ r LF step backwards, RF touch beside (release RH & clap RH Lady)
8& ¼ l RF step side, LF touch beside (sweetheartposition)

Shuffles Forward Left, Right, Left, Right

1&2 LF step forward, RF step beside, LF step forward
3&4 RF step forward, LF step beside, RF step forward
5&6 LF step forward, RF step beside, LF step forward
7&8 RF step forward, LF step beside, RF step forward

Lady shuffle 1/2R the 2nd and 3th shuffle, Raise RH, release LH

Pivot, Pivot, Kickballstep, Kickballstep

1-2 LF step forward (raise RH), ½ R weight on RF (lower RH)

Lady turns under RH, hold LH

3-4 LF step forward (raise LH), ½ R weight on RF (lower LH)

Release RH, LH above head Lady then above head Man, take RH into Sweetheart position

5&6 LF kick forward, LF on ball beside RF, RF step forward
7&8 LF kick forward, LF on ball beside RF, RF step forward

Rockstep, Coasterstep, Step Bumps, Step Bumps

1-2 LF rock forward, recover weight on RF
3&4 LF step backwards, RF step beside, LF step forward
5&6 RF step forward and bump hips right, left, right
7&8 LF step forward and bump hips left, right, left