

Down & Out

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Stephanie Swain (UK) - April 2011
音樂: Down On the Corner - Mavericks



Start on lyrics

Walk back, Coaster, Walk fwd, Step ½ turn step

1-2 walk back on right, left
3&4 right coaster step
5-6 walk fwd on left, right
7&8 step fwd on left and ½ turn right, step left fwd

Step, Touch, Touch, Touch, Step, Cross shuffle, Step

9-10 step right to side, touch left behind right
11-12 touch left to side, touch left behind right
13 step left to side
14&15 cross shuffle right over left
16 step left to side

Sailor step x 2, Step ¼ turn, Kick ball cross

17&18 right sailor step
19&20 left sailor step
21-22 step fwd on right and ¼ turn left
23&24 kick right fwd, step back on right, step left over right

Side rock, Cross shuffle, Fwd rock, ½ turn shuffle

25-26 rock right to side, recover on left
27&28 cross shuffle right over left
29-30 rock fwd on left, recover on right
31&32 ½ turn left shuffle – stepping left, right, left

Start again.....
