

La Cha Cha

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Joenan (AUS) - April 2011
音樂: South Of The Border



Count in 16 counts

Rock, Recover, Triple Step ½ Turn Right, Rock, Recover, Triple Step ½ Turn Left

1-2 Rock forward on R, recover on L
3&4 Triple step on R, L, R turning ½ turn right
5-6 Rock forward on L, recover on R
7&8 Triple step on L, R, L turning ½ turn left (12:00)

Rocking Chair, 2xForward Walks, Shuffle Forward

1-4 Rock forward on R, recover on L, rock back on L, recover on R
5-6 Walk forward on R, L
7&8 Shuffle forward on R, L, R (12:00)

Rock, Recover ¼ Turn Left, Touch, Hold, Rock, Recover, Shuffle Forward

1-4 Rock forward on L, recover on R ¼ turn left, touch L toes beside R, hold
5-6 Rock back on L, recover on R
7&8 Shuffle forward on L, R, L (9:00)

Pivot ½ Turn Left, Pivot ½ Turn Left, 4xHip Bumps

1-4 Step forward on R, pivot ½ turn left, step forward on R, pivot ½ turn left
5-8 Hip bumps on R, L, R, L (9:00)

Start Again
