

Jack Straight Up

拍數: 32 牆數: 2 級數: Improver / Intermediate
編舞者: Sara King (UK) & Natalie Rye (UK) - April 2011
音樂: Put the Boy Back In Cowboy - Bon Jovi : (Album: Lost Highway)



[1-8] Left lock step forward, Right lock step forward, step ½ pivot, step, walk Right, Left

- 1 & 2 Step forward on left, lock right behind left, step forward on left.
- 3 & 4 Step forward on right, lock left behind right, step forward on right.
- 5 & 6 Step forward on left, pivot ½ turn right, step forward on left.
- 7 & 8 walk forward right, left. (Optional full turn left)

[9-16] Kick Ball Point, 3x hip bumps, Right ¼ Sailor, walk Right, Left

- 9 & 10 Kick right foot forward, step onto right, point left toe to side.
- 11 & 12 Hip bump left, right, left placing weight on left.
- 13 & 14 Cross right behind left making ¼ turn right. Step left beside right, step forward right.
- & 15 16 Step left beside right, walk forward right, left.

[17-24] Right toe tap 2x, Chasse right, Left sailor step, Chasse right

- 17 & 18 Tap right toe to right side twice (Optional full turn with toe taps)
- 19 & 20 Step right to right side. Step left beside right. Step right to right side
- 21 & 22 Cross left behind right. Step right beside left, step left to left side.
- 23 & 24 Step right to right side. Step left beside right. Step right to right side

[25-32] Left ½ Sailor, kick point Right, Left, Right cross unwind ¾

- 25 & 26 Cross left behind right making ½ turn left. Step right beside left, step forward left.
- 27 & 28 Kick right forward, step forward on right, point left to left side.
- 29 & 30 Kick left forward, left forward on left, point right to right side.
- 31 & 32 Cross right over left unwind ¾ turn left weight finishing on right.

Start Again
