

Always

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Amy Christian (USA) & Steve Lescarbeau (USA) - March 2011
音樂: As (feat. Mary J. Blige) - George Michael : (CD: "Ladies & Gentlemen" The Best of George Michael)



16 Count Intro, 3 Restarts

[1 – 8] Side Rock, Recover, Behind, ¼, Forward, Mambo ½ L, ½ L, ¼ L

1, 2, 3 & 4 Rock out to R, Recover L, Step R behind L, Step L ¼ L, Step R Forward 9:00
5 & 6, 7, 8 Rock forward L, Recover R, ½ L stepping forward on L, ½ L stepping back on R, ¼ L step on L 6:00

[9 – 16] Samba, Samba ¼ L, Weave L, Sway, Sway

1 & 2, 3 & 4 Cross R over L, Step out on ball of L, Step out on R, Cross L over R, ¼ L step out on ball of R, Step out on L 3:00
5 & 6, 7, 8 Step R behind L, Step L to L, Cross R over L, Step L as you sway hips L, Sway hips R 3:00

[17 – 24] Reverse Samba X2, Toe Back, Pivot ½ L, Brush, Step, Touch

1 & 2, 3 & 4 Cross L behind R, Step out on ball of R, Step out on L, Cross R behind L, Step out on ball of L, Step out on R
5, 6, 7 & 8 Touch L back, ½ pivot L transfer weight to L, Brush R, Step on R, Touch L next to R 9:00
(Should be traveling back slightly on the reverse samba's)

[25 – 32] Cross, Side, Back, Back, ¼ L, Side, Shuffle Forward, Hitch Ball Cross

1 & 2, 3 & 4 Cross L over R, Step R to R side, Step back on L, Step back on R, ¼ L step forward L, Step R to R side 6:00

***Restarts will happen here on Wall 2 (12:00), Wall 5 (6:00), Wall 9 (6:00)**

On count 28 you end on your R so to begin again you have to an "and" count. Do a L ball, R side rock to start over.

5 & 6, 7 & 8 Shuffle forward slightly diagonal (1:00) L, R, L, Hitch R, Step on ball of R, Cross L over R (you will straighten yourself out on your side rock) 6:00

Begin Again! Enjoy!

The ending will happen on wall 14. You will only do the first 24 counts. On your Toe Back, Pivot ½ L, change it to Pivot ¾ so you end up facing 12:00n.

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