Take Your Passion

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拍數: 64 牆數: 2 級數: Intermediate 編舞者: Sebastiaan Holtland (NL) - April 2011 音樂: What a Feeling - DJ Bobo & Irene Cara: (CD Planet Colors 2001) 32 count intro (15 Sec) Sec 1: 1-8 Cross, Hitch, Cross, 1/4 Turn L, Back, 1/4 turn L, Side Rock / Recover, Behind, Side, Cross Cross Rf over Lf, hitching L knee up holding weight onto Rf (12:00) Cross Lf over Rf, turn 1/4 left (9) step back on Rf Turn 1/4 left (6) rock Lf to the left, recover on Rf weight onto Rf 7&8 Step Lf behind Rf, step Rf to the right, cross Lf over Rf weight onto Lf (6:00) (Behind Side Cross) Sec 2: 9-16 Side, Touch, Hold, & Cross, Unwind 1/2 L, Hip Bumps L-R-L-R &1-2 Step Rf to the right, touch Lf next to Rf, HOLD holding weight onto Rf (6) &3-4 Step Lf slightly to the left, cross Rf over Lf, unwind 1/2 to left (12) take weight onto Rf Step Lf to the left bump L hip to left, bump R hip to right Step Lf to the left bump L hip to left, bump R hip to right weight onto Rf (12:00) Sec 3: 17-24 1/4 Turn L, Fwd, 1/2 turn L, Back, 1/4 Turn L, Side, Fwd Rock / Recover, & Cross, Point, Sailor Step with 1/4 R, Press 1&2 Turn 1/4 to left (9) step forward on Lf, turn 1/2 to left (3) step back on Rf, turn 1/4 to left (12) step Lf to the left weight onto Lf Rock forward on Rf, recover on Lf &5-6 Step Rf slightly to right, cross Lf over Rf, point Rf out to the right holding weight onto Lf 7&8 Step Rf behind Lf, step Lf to the left, turn 1/4 to right (3) press forward on R holding weight onto Rf Sec 4: 25-32 Heel Twist, Recover, Kick ball Step, Fwd Rock / Recover, 1/4 Turn R, & Cross, Point 1&2 Twist R heel forward, twist R heel back to center, take weight back on Lf (3:00) (Heel twist, Recover) 3&4 Kick forward on Rf, step Rf back in place on ball, step forward on Lf weight onto Lf Rock forward on Rf, recover on Lf Turn 1/4 right (6) step Rf slightly to the right, cross Lf over Rf, point Rf out to right holding &7-8 weight onto Lf Sec 5: 33-40 Sailor Step, 1/4 Sailor R, 1/2 Pivot L, 3/4 Turn L, Side 1&2 Step Rf behind Lf, step Lf to the left, step Rf to the right side (Sailor Step) 3&4 Step Lf behind Rf, turn 1/4 to right (9) step forward on Rf, step forward on Lf (1/4 Sailor R) Step forward on Rf, turn 1/2 left (3) take weight onto Lf (1/2 pivot L) Turn 1/2 to left (9) step back on Rf, continue a 1/4 turn to left (6) step Lf to the left weight onto Lf Sec 6: 41-48 Touch Fwd, Back, Touch Back, Fwd, 1/4 Pivot L, Walk, Walk Touch forward on Rf, step back on Rf weight onto Rf (6:00) Touch back on Lf, step forward on Lf weight onto Lf Step forward on Rf, turn 1/4 left (3) take weight onto Lf (1/4 pivot L)

Sec 7: 49-56 Touch Fwd, Back, Touch Back, Unwind 1/2 L, Fwd Rock / Recover, 1/4 Turn R, Side Rock / Recover

Stepping forward on Rf, stepping forward on Lf weight onto Lf (3:00) (Walk, Walk)

1-2 Touch forward on Rf, step back on Rf weight onto Rf (3:00)

5-6	Rock forward on Rf, recover on Lf weight onto Lf
7-8	Turn 1/4 right (12) rock Rf to the right, recover on Lf weight onto Lf
Sec 8: 57-	-64 Heels Fwd Fwd, Back, Cross, Point, 1/2 Turn R, Hitch, Side Rock / Recover
1-2	Step diagonal forward on R heel, step diagonal forward on L heel (12:00)
3-4	Step back on Rf, cross Lf over Rf weight onto Lf
5-6	Point Rf out to the right, turn 1/2 right on Lf (6) hitch R knee up holding weight onto Lf
7-8	Rock Rf to the right, recover on Lf weight onto Lf (6:00)

Touch back on Lf, unwind 1/2 left (9) take weight onto Lf

Start Again, Enjoy!

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