

Hold My Hand

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate NC2S
編舞者: Daniel Trepát (NL) - February 2011
音樂: Hold My Hand (with Akon) - Michael Jackson



Dance starts after 16 counts on vocals

Walk fwd R & L, Anchor step, ½ turn L sweep, syncopated jazzbox, cross

- 1 RF Step right forward
- 2 LF Step left forward
- 3 RF recover on right
- & LF Recover on left
- 4 RF Recover on right
- 5 LF ½ turn left stepping forward & start sweeping RF from back to front (facing 6.00)
- 6 Finish the sweep
- & RF Cross over LF
- 7 LF Step back
- & RF Step to right side
- 8 LF Cross over RF

Step, lock, 1 ¼ turn L unwind & sweep, hook, step, ¼ turn R, syncopated weave, ¼ turn L

- & RF Step to right side
- 1 LF Lock behind RF
- 2 Unwind ¾ turn left (weight ends on LF)
- 3 RF ½ turn left sweeping RF from back to front
- 4 RF Hook in front of left leg (facing 3.00)
- 5 RF Step forward
- 6 LF ¼ turn right stepping to left side (facing 6.00)
- & RF Cross behind LF
- 7 LF Step to left side
- & RF Cross over LF
- 8 LF ¼ turn left stepping forward (facing 3.00)

Here will be the restarts

¼ turn L, hitching R knee, sweep LF, hitching R knee, syncopated weave, ¼ turn L

- 1 - 2 Hitch the right knee to right side while you are turning a ¼ turn left (facing 12.00)
- 3 - 4 Step RF forward & sweep LF from back to front
- 5 - 6 Step LF forward & Hitch the right knee to right side
- & RF Cross over LF
- 7 LF Step to left side
- & RF Cross behind LF
- 8 LF ¼ turn left stepping forward (facing 9.00)

¼ turn L, leg spread, (1/8 turn L) diagonal walks R & L, touch, ¼ turn L, step, ball, 3/8 turn L

- 1 - 2 ¼ turn left & spread the legs, weight is in the middle (facing 6.00)
- 3 - 4 Bring the legs together (weight will end on RF)
- & LF 1/8 turn left & change weight on to LF (facing 4.30)
- 5 RF Step forward
- 6 LF Step forward
- 7 RF Touch forward (facing 4.30)
- 8 RF ¼ turn left recover weight on RF (facing 1.30)
- & LF Close next to RF on ball of LF and turn a 3/8 turn left (facing 9.00→)

Start again and don't forget to smile

Restart: In walls 2 and 5, after 16 counts.

Contact: www.danieltrepat.com
