Same Old Something



拍數: 32 牆數: 4 級數: Improver

編舞者: Kate Sala (UK) - April 2011

音樂: Every Now and Then - Alan Jackson: (CD: Freight Train)



Start after a 16 Count intro. On vocals.

Basic Night Club Step Right, Basic Night Club Step Left, Step Forward, Step Pivot 1/2 Turn Right, Step, Run forward On Right, Left.

1,2 &	Take long step right, Cross rock on Lt Behind Rt. Recover on Rt.
3,4 &	Take a long step Lt, Cross rock on Rt behind Lt. Recover on Lt.
5	Step forward on Rt.
6 & 7	Step forward on Lt. Pivot 1/2 turn Rt. Step forward on Lt. (6 o'clock)
8 &	Short run forward on Rt, Lt.

Cross Rock On Right, Recover, & Cross Rock On Left, Recover, & Step Forward On Right, Left, Pivot 1/4 Turn Right, Weave Right.

1,2 &	Cross rock on Rt over Lt. Recover on Lt. Small step Rt to Rt side.
3,4 &	Cross rock on Lt over Rt Recover on Rt. Small step Lt to Lt side.
5,6,7	Step forward on Rt. Step forward on Lt. Pivot 1/4 turn Rt. (9 o'clock)
8 & 1	Cross step Lt over Rt. Step Rt to Rt side. Cross step Lt behind Rt. (Add 1 count tag here on wall 6)

Right Side Rock & Cross, Turn 1/2 Right On Left, Right, Cross, Sway Right, Left, Cross 1/2 Turn Right,

ragin olde radak a ordes, rain 1/2 ragin on Ecit, ragin, ordes, oway ragin, Ecit, ordes 1/2 rain ragin.		
2 & 3	Side rock to Rt side on Rt. Recover on Lt. Cross step Rt over Lt.	
4 & 5	Turn 1/4 Rt stepping back on Lt. Turn 1/4 Rt stepping Rt to Rt side. Cross step Lt over Rt.	
6, 7	Step Rt to Rt side swaying hips Rt. Sway hips Lt. (3 o'clock)	
8 & 1	Cross step Rt over Lt. Turn 1/4 Rt stepping back on Lt. Turn 1/4 Rt stepping Rt to Rt side. (9 o'clock)	

Cross Rock, Recover, Step Left, Cross Step Right Over Left, Unwind 1/2 Turn Left, Prissy Walks Forward x 2, Rock Forward, Recover, (Long Step Right To Start Again).

2 & 3	Cross rock on Lt over Rt. Recover on Rt. Step Lt to Lt side.
4, 5	Cross step Rt over Lt. Unwind 1/2 turn Lt transferring weight to Lt.
6, 7	Walk forward and slightly across on Rt. Walk forward and slightly across on Lt.
8 &	Rock forward and slightly across on Rt. Recover on Lt. (Big step Rt to start again on count 1)

Tag: During wall 6 -

During wall 6 dance Section 1 and all of section 2 including `Cross stepping Lt behind Rt for count 1'. At this point facing 12 o'clock, there is a 1 count tag: Unwind full turn Lt or easier option, hold for 1 count. (Weight remaining on Lt.)

Then start the dance from the Beginning of the dance with basic night club step Rt.

Ending:

As the music fades towards the end just keep dancing through and finish facing 12 o'clock at the end of section 2 with a pose.