

If I Had U

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Zainurazrein Zainal Abidin - April 2011
音樂: If I Had You - Adam Lambert : (CD: For Your Entertainment)



16 count intro – start on vocals

(8) Cross R point L, Cross L step R, ¼ Turn L, R Sailor, Step

1 – 2 Cross R over L, point L to L
3 – 4 Cross L over R, step R to R
5 ¼ L step L back (9:00)
6 & 7 Step R back, step L next to R, step R forward
8 Step L forward

(16) Step forward R, Shuffle ¾ R, Step R, Jazz Box with a cross

1 Step R forward
2&3,4 ¾ R turn step L-R-L, step R to R (6:00)
5 – 6 Cross L over R, step R back
7 – 8 Step L next to R, cross R over L

*** TAG & RESTART: WALL 3, do first 12 counts followed by 4-step Tag, then restart**

(24) ¼ turn R, Point twice, R sailor, L-R forward, pivot ½ L

1 Turn ¼ R step L back (9:00)
2 – 3 Point R forward, and diagonal R
4 & 5 Step R back, step L next to R, step R forward
6 – 7 Step L forward, step R forward
8 Turn ½ L, weight on L (3:00)

(32) Syncopated Weave R, Syncopated Weave L

1, 2&3 Step R to R, Step L behind R, step R to R, step L across R
4 Step R to R
5, 6&7 Step L to L, Step R behind L, step L to L, step R across L
8 Step L to L

(40) Syncopated Forward lock step R, scuff ¼ L, syncopated forward lock step L, scuff R

1, 2&3 Step R forward, hold, lock L behind R, step R forward
4 Turn ¼ L and scuff L forward (12:00)
5, 6&7 Step L down, hold, lock R behind L, step L forward
8 Scuff R forward

(48) Rock recover front, rock-recover R-L-change-rock-recover-rock L-R, rock recover back

1 – 2 Rock R forward, recover L (12:00)
3 – 4 Rock R to R, recover on L
& 5–6 Exchange L with R, rock L to L, recover on R
7 – 8 Rock L back, recover on R

(56) ¼ turn L, R forward shuffle, step L and ½ turn R, L forward shuffle, step R forward

1, 2&3 Turn ¼ L step L forward, Step forward R-L-R (9:00)
4 – 5 Step L forward, turn ½ R step R forward (3:00)
6 & 7 Step forward L-R-L
8 step R forward

(64) ¼ turn L close, Kick-ball-point, Turn ½ R and point, Step together, hold

1 - 2 Turn ¼ step L in place, close R next to L (12:00)
3 & 4 Kick L forward, Step L down & point R to R
5 - 6 Turn ½ R in place, point L to L (6:00)
7 - 8 Close L next to R, hold

Begin Again

TAG & RESTART (Wall 3)

Do first 12 counts, followed by:

5 Step L to L
6 & 7 Cross R behind L, step L to L, cross R in front of L
8 Step L to L

Then start from beginning.

END

Complete entire dance, do 1st step (cross R across L) with hands spread open jazz style at chest level for a stylish finish.

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