

How To Burlesque

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Michael Vera-Lobos (AUS) - January 2011
音樂: Show Me How You Burlesque - Christina Aguilera : (CD: Burlesque)



Intro: Start After Horn Section On Clicks

[1-8&] Cross Diagonal Toe Strut, Side Toe Strut, Cross Rock & Replace, Step Side & Cross, Point Side & ½ Monterey R, Point Side & Step Beside, Sailor ¼ R & Step

1&2&3&4& Travel Diagonal L – Cross R toe over L & Drop R heel, Touch L toe to L diagonal & Drop L heel (11:00), Cross rock R over L & Rock back on L to straighten to 12:00, Step R to R, Cross L over R (12:00)

5&6&7&8& Touch R toe to R side & Monterey ½ R Stepping R beside L, Touch L to L side & Step L beside R (6:00), Sailor ¼ R & Step slightly fwd on L (9:00)

[9-16&] Cross Diagonal Toe Strut, Side Toe Strut, Cross Rock & Replace, Step Side & Cross, Point Side & ¼ Drop Wt On R, ¼ R Point Side & ¼ Drop Wt On L, Step Fwd R & Pivot ½ L, Step Fwd R & Tap

1&2&3&4& Travel Diagonal L – Cross R toe over L & Drop R heel, Touch L toe to L diagonal & Drop L heel (7:00), Cross rock R over L & Rock back on L to straighten to (9:00), Step R to R, Cross L over R (9:00)

5&6&7&8& Touch R toe to R side & Turning ¼ R Drop Wt onto R foot (12:00), Turning ¼ R keeping wt on R Touch L toe to L side & Turning ¼ L drop wt onto L foot (12:00), Step fwd R & Pivot ½ L, Step fwd R & Tap L beside R (6:00)

Dance:

[1-8&] Side Rock & Replace, Cross & Side & Behind & Heel & Heel & Hook, Heel & Touch Back, ¾ Triple Fwd R & Step Fwd

1&2&3&4& Side Rock L to L & Replace wt on R, Cross L over R & Step R to R, Cross L behind R & Step R to R, Touch L heel fwd & Step L beside R (6:00)

5&6&7&8& Touch R heel fwd & Hook R over L, Touch R heel fwd & Tap R toe back, Step fwd R & Turning ½ R Step back on L, Turn a further ¼ R Ending with R to R side & Step fwd L (3:00)

[9-16] R Mambo Fwd, L Coaster Back, Full Triple Spin Fwd R, L Lock Shuffle Fwd

1&2,3&4 Rock fwd R & Replace wt back on L, Step back on R, Step back on L & Step R beside L, Step fwd on L (3:00)

5&6,7&8 Full triple fwd R Stepping R,L,R, L Lock shuffle fwd Stepping L,R,L (3:00)

[17-24] Syncopated Pivot, Out Out, Drop Heel, Kick R, R Sailor Back, L Coaster

1&2&3&4 Step fwd R & Pivot ½ L, Step fwd R & Step L out to L, Step R out to R & Lift both heels, Drop wt back onto L foot kicking R out to R side (9:00)

5&6,7&8 Sailor back on R Stepping R,L,R, Step back on L & Step R beside L, Step fwd on L (9:00)

[25-32] Step Fwd, ½ Turn R, ¼ R Side Shuffle, Cross Rock & Replace, Step Side, Cross Shuffle

1,2,3&4 Step fwd R, Turning ½ R travelling fwd Step back on L, Turning a further ¼ R Side Shuffle to R (6:00)

5&6,7&8 Cross Rock L over R & Replace wt on R, Step L to L side, Cross Shuffle R over L Stepping R,L,R (6:00)

[33-40] Side Rock, Replace, ½ Hinge L Side Rock, Replace, Point Side & Tap Beside & Point Side, Kick Side, Behind & Step Side, Cross

1,2&3,4 Side Rock L to L side, Replace wt on R, Hinge ½ L lifting L & Rock L to L side & Replace wt on R (12:00)

5&6&7&8 Point L toe to L side & tap L beside R & Point L toe to L side & Kick L out to L side (12:00), Cross L behind R & Step R to R, Cross L over R (12:00)

[41–48] Side Rock, Replace, ½ Hinge R Side Rock, Replace, Point Side & Tap Beside & Point Side, Kick Side, Behind & Step Side, Cross

- 1,2&3,4 Side Rock R to R side, Replace wt on L, Hinge ½ R lifting R & Rock R to R side & Replace wt on L (6:00)
- 5&6&7&8 Point R toe to R side & tap R beside L & Point R toe to R side & Kick R out to R side (6:00), Cross R behind L & Step L to L, Cross R over L (6:00)

TAG 1: Side Shuffle ¼ L, Full Triple Spin R

- 1&2,3&4 Side Shuffle ¼ L Stepping L,R,L, Full triple Spin travelling R Stepping R,L,R (3:00)

TAG 2: Step Fwd, ½ Pivot, L, Step Fwd, ½ Pivot L

- 1-4 Step fwd L, Pivot ½ R, Step fwd L, Pivot ½ R (6:00)

Dance Sequence:

Start dance after horn section on clicks by Dancing Intro. Intro will finish facing (6:00) Start dance.

Wall 1 Starts facing 6:00 after Intro. Dance all of Wall 1 & ADD TAG 1. Finish facing (3:00)

Wall 2 Starts at 3:00. Dance to count 32 & Step L to L side then ADD the first 8 counts of INTRO. End at 12:00

Wall 3 starts at 12:00. Dance all 48 counts and Start again at 12:00

Wall 4 Starts at 12:00. Dance 32 counts & Step L to L side. Then ADD all 16 counts of INTRO and ALL TAG 2 which will end facing 6:00 wall

Wall 5 starts facing back wall. Dance 32 counts and restart facing 6:00

Wall 6 starts facing back wall. Dance first 35 counts and finish at 12:00 by tapping R beside L & Clicking R hand.
