

Still Got The Blues

COPPERKNOB
STEPSHEETS

拍數: 96
牆數: 2
編舞者: Niels Poulsen (DK) - April 2011
音樂: Still Got the Blues - Gary Moore

級數: Intermediate Viennese waltz tempo



Fade out track out after 3.40 minutes or after 4.32 minutes.

Depends how much you love the track... It's almost 6 mins long! (164 bpm)

Intro: Start after 48 counts, app. 20 secs. into track. Start with weight on R foot

[1 – 12] L cross, R slow sweep, weave, L side step, R drag, chasse R

- 1 – 3 Cross L over R (1), start sweeping R fw (2), finish R sweep (3) 12:00
4 – 6 Cross R over L (4), step L to L side (5), cross R behind L (6) 12:00
7 – 9 Step L a big step to L side (7), start dragging R towards L (8), finish drag (9) 12:00
10 – 12 Step R to R side (10), step L next to R (11), step R to R side (12) * Restart here on wall 5 12:00

[13 – 24] L cross, ¼ back, back L, back R, slide hook L, fw L, R slow sweep, weave to L side

- 1 – 3 Cross L over R (1), turn ¼ L stepping back on R (2), step back on L (3) 9:00
4 – 6 Step back on R (4), slide L towards R (5), hook L in front of R (6) 9:00
7 – 9 Step fw on L (7), start sweeping R foot fw (8), finish R sweep fw (9) 9:00
10 – 12 Cross R over L (10), step L to L side (11), cross R behind L (12) 9:00

[25 – 36] L side step, drag R, ¼ R into R basic fw, ½ R into L basic back, ¼ R with slow prep

- 1 – 3 Step L a big step to L side (1), drag R towards L (2), finish R drag (3) 9:00
4 – 6 Turn ¼ R stepping R fw (4), step L next to R (5), change weight to R (6) 12:00
7 – 9 Turn ½ R stepping back on L (7), step R next to L (8), change weight to L (9) 6:00
10 – 12 Turn ¼ R stepping R to R side (10), start turning upper body to R diagonal (11), finish turn in upper body (12) Note: face stays looking at 9:00 9:00

[37 – 48] ¼ L into L basic, ½ L into R basic back, ½ L with R sweep fw, R cross, L side rock

- 1 – 3 Turn ¼ L stepping L fw (1), step R next to L (2), change weight to L (3) 6:00
4 – 6 Turn ½ L stepping back on R (4), step L next to R (5), change weight to R (6) 12:00
7 – 9 Turn ½ L stepping fw on L (7), start sweeping R fw (8), finish sweeping R fw (9) 6:00
10 – 12 Cross R over L (10), rock L to L side (11), recover on R (12) * Restart here on wall 2 6:00

[49 – 60] L cross, slow R kick, back R, slide hook L, fw L, sweep R, R jazz ¼ R

- 1 – 3 Cross L over R turning to 7:30 (1), lift R knee (2), kick R fw (3) 7:30
4 – 6 Step back on R (4), slide L towards R (5), hook L over R (6) 7:30
7 – 9 Step fw on L (7), sweep R fw turning to 6:00 on L (8), finish R sweep fw (9) 6:00
10 – 12 Cross R over L (10), turn ¼ R stepping back on L (11), step R to R side (12) 9:00

[61 – 72] L cross, slow R kick, back R, slide hook L, fw L, sweep R, R jazz ¼ R

- 1 – 3 Cross L over R turning to 10:30 (1), lift R knee (2), kick R fw (3) 10:30
4 – 6 Step back on R (4), slide L towards R (5), hook L over R (6) 10:30
7 – 9 Step fw on L (7), sweep R fw turning to 9:00 on L (8), finish R sweep fw (9) 9:00
10 – 12 Cross R over L (10), turn ¼ R stepping back on L (11), step R fw (12) 12:00

[73 – 84] Fw L, full spiral turn R, fw R, L sweep fw, L twinkle, weave to L side

- 1 – 3 Step fw on L (1), start turning full turn R on L foot (2), complete full turn on L foot (3) 12:00
4 – 6 Step fw on R (4), start sweeping L fw (5), finish sweeping L fw (6) 12:00
7 – 9 Cross L over R (7), step R to R side (8), step L to L side (9) 12:00
10 – 12 Cross R over L (10), step L to L side (11), cross R behind L (12) 12:00

[85 – 96] L side step, drag R, ¼ R, ¼ R with sweep, hold, L cross rock side, R cross rock side

- 1 – 3 Step L a big step to L side (1), start dragging R towards L (2), finish drag (3) 12:00
4 – 6 Turn ¼ R stepping R fw (4), turn ¼ R on R sweeping L to L side (5), hold (6) 6:00
7 – 9 Cross rock L over R (7), recover weight to R (8), step L to L side (9) - hit those beats! 6:00
10 – 12 Cross rock R over L (10), recover weight to L (11), step R to R side (12) - hit those beats!
6:00

Begin again

TWO restarts: 1) On wall 2, after 48 counts, facing 12:00. 2) On wall 5, after 12 counts, facing 12:00.

Note: On wall 7, from counts 73-93 (facing 6:00), the distinct beat disappears but just keep dancing.

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