

Naturalmente

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Naturally (Radio Edit Version) - Selena Gomez & The Scene : (3:08)



Begin after 8 counts.

Section 1: Tap toe back, step, heel forward, step, tap toe back, step, heel forward, sailor step, lock step.

1&2& Tap L toe back, step with L, R heel forward, step with R.
3&4 Tap L toe back, step with L, R heel forward.
5&6 Swing R out and step slightly behind L, step L to L side, R to R side.
7&8 Step L forward, pull R behind L and step down, step L forward.

Section 2: Rock and cross, rock and step, cross back, back, cross.

1&2 Rock R to R side, recover to L and cross R over L.
3&4 Rock L to L side, recover to R and step forward on L.
5,6,7,8 R cross over L, L step back, R to R side and slightly back and cross L over R.

Section 3: Walk back R, L, coaster step, touch toe back, unwind ½, rock and cross.

1, 2 Step back R, step back L.
3&4 Step R back, L together, step R forward.
5,6 Touch L toe back, unwind ½ L stepping down with L. (6:00)
7&8 Rock R to R, recover to L, cross R over L.

Section 4: Point step times 2, touch toe back, unwind ½ turn, paddle ½ turn, step.

1,2,3,4 Point L toe to L and cross over R, point R toe to R and cross over L.
5, 6 Touch L toe back, unwind 1/2 turn L stepping down on L.
7&8 Paddle with R 1/2 turn to the L, step with R. (6:00)

Section 5: Rock, recover, rock, drag, R weave.

1,2,3,4 Rock L, recover R, rock L, drag R towards L.
5,6,7,8 Step R to R side, L behind R, R to R side and cross L over R.

Section 6: Rock, recover, rock, drag, pivot ½ R, rock, recover.

1,2,3,4 Rock R, recover L, rock R, drag L towards R.
5,6,7,8 Pivot on L ½ R (12:00), rock L to L side, recover to R

Section 7: Cross step, side step, cross step, turn ½ L on R, L, cross step, turn ½ R on L, R.

1, 2, 3, 4 Cross step L over R, step R to R side, cross step L over R, turn ¼ L stepping back on R.
5, 6, 7, 8 Turn ¼ L stepping L to L side, cross step R over L, turn ¼ R stepping back on L, turn ¼ R stepping R to R side.

Section 8: Step L to L side, R behind L, recover L, step R to R side, L behind R, recover R, pivot ½ R ending on L toe back.

1,2,3 Step L to L side, R behind L, recover to L.
4,5,6 Step R to R side, L behind R, recover to R.
7,8 Pivot ½ turn to R on L, weight shifts to R while ending with L toe back ready to begin dance again (6:00).

Restart on wall 2: Do the first 16 counts of the dance ending with a L touch to the L side in place of a L cross over R and restart the dance.

TAG: 4 count tag at the end of wall 3: Kick low with the left, flick back low with the L, tap L toe back, hold and

begin the dance again.

Ending: The dance will end at the end of section 7 facing 6:00, make $\frac{1}{2}$ turn R on the L, and pose.
